



Motor-cognitive interventions in gait & balance studies

Uroš Marušič, PhD

Hybrid Neural Interfaces 2024 Summer School, Maribor, Slovenia, 8th -12th of June 2024



Funded by
the European Union



UK Research
and Innovation



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UNIVERSITY OF TECHNOLOGY

Imperial College
London

This project has received funding from the European Union's Horizon Europe Research and Innovation Programme under grant agreement no. 101079392 and from the UK Research and Innovation (UKRI) government's Horizon Europe funding guarantee scheme under grant agreement no. 10052152.

Motor-cognitive interventions in gait & balance studies

Uros Marusic, PhD ^{1,2}

1: Slovenian Mobile Brain/Body Imaging Lab @Science and Research Centre Koper (ZRS Koper), Slovenia

2: Alma Mater Europaea – ECM, Slovenia

Maribor – 8 July 2024

Agenda

- Why neuroscience of movement?
- When & why postural and gait research?
- Cognitive-motor interventions – rehabilitation and countermeasures
- Mobile brain/body imaging



Kahoot!+ 100 Years of EEG Trivia Settings ✓ Saved to: NeuroHybrid Summer school Theme

1 Slide
100 Ye...
Neuro...

2 Quiz
Who is widely cr...
20

3 Quiz
Which cell type i...
20

4 Quiz
What year did H...
20

5 Quiz
Which EEG frequ...
Add question
Add slide

100 Years of EEG Trivia
NeuroHybrid Summer School

100 Years of EEG Trivia
NeuroHybrid Summer School

100 Years of EEG Trivia
NeuroHybrid Summer School



MSc: Biomedical engineering



University of Ljubljana



CZECH
TECHNICAL
UNIVERSITY
IN
PRAGUE



PhD: Kinesiology &
Neuroscience



Albert Einstein College of Medicine

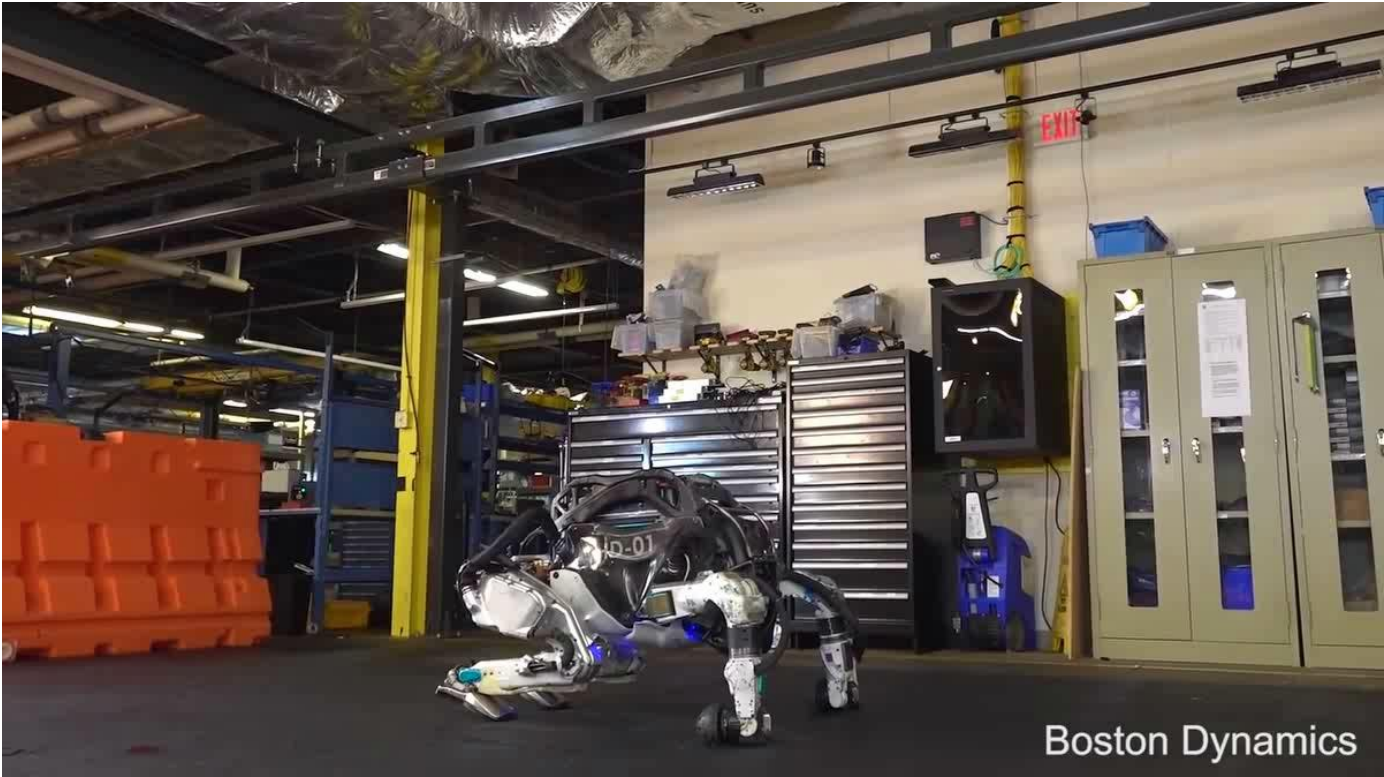


Functional Neuroimaging, Cognitive and Mobility Lab

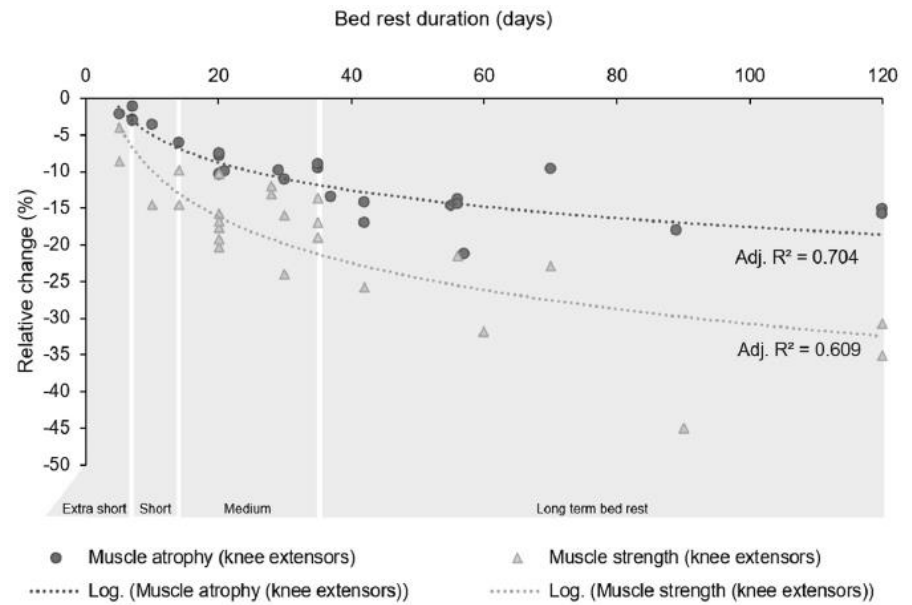




ause (k)



Boston Dynamics



2



Bed rest experiments:

Valdoltra 2001, 2006, 2007, 2008, 2012
Izola 2019 and **2023!**



3: neuroscience of movement

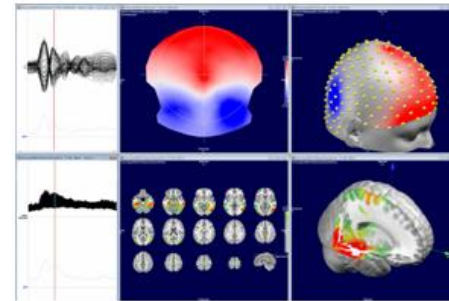
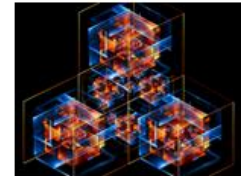
Current issue: static conditions, not allowing imaging brain dynamics in actively moving humans



Berlin's BeMoBIL (P2): allowing imaging brain dynamics in actively moving humans. Issue: large-scale data requiring not standard data and statistical analyses



UNIGE(P3): large-scale data analyses using artificial intelligence and advanced brain imaging techniques



SRC (P1, leading partner from Widening country): Enhanced scientific and technological capacity as well as networking activities; application into sport/rehabilitation/ageing for neuro-muscular efficiency **(long-lasting infrastructure and research excellence)**

UNITS(P4): application into clinical practice with intention to efficiently treat Parkinson's disease and post-stroke patients

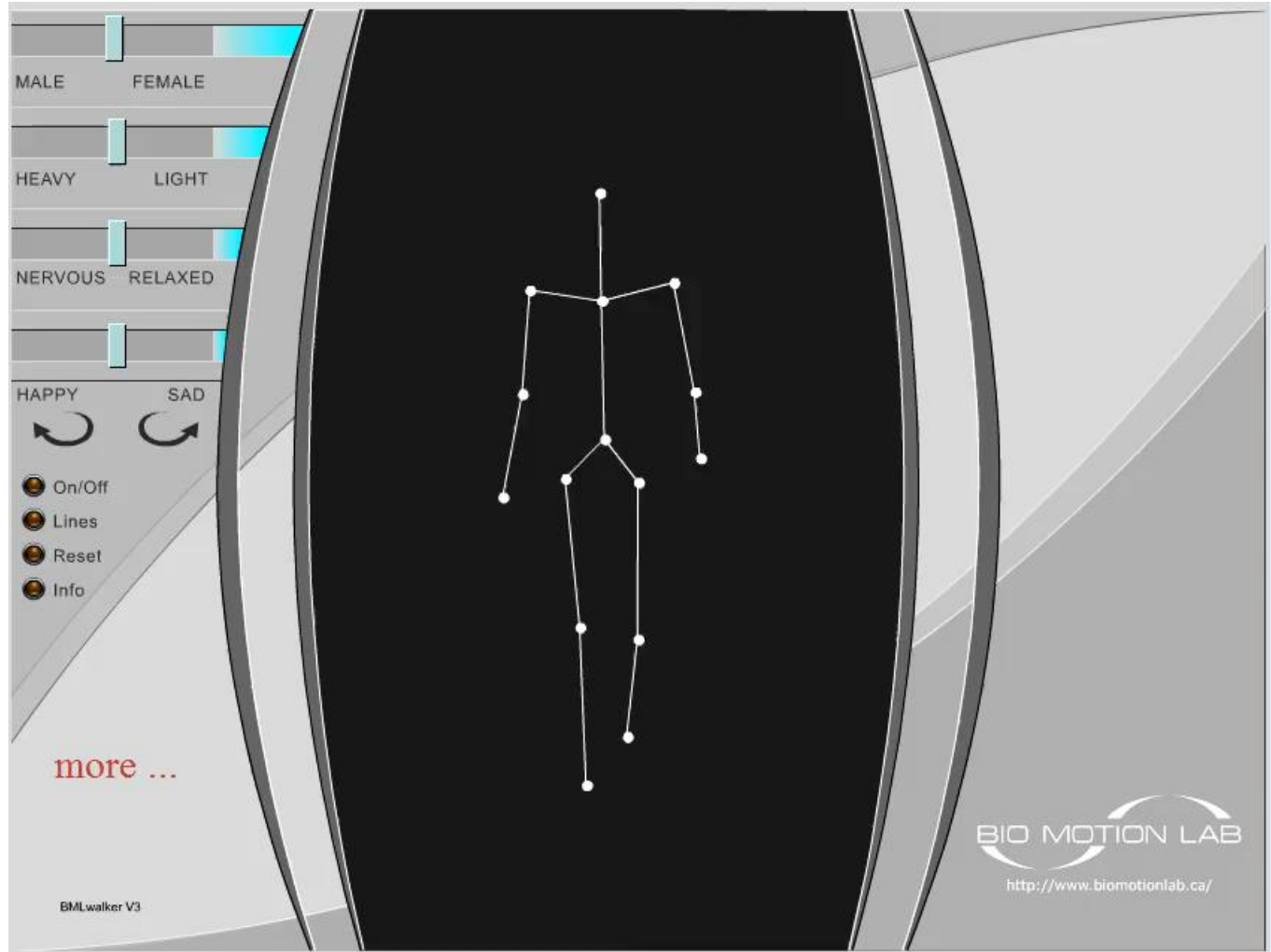
Ancient Theatre in Epidaurus, Greece (AUG 2020)



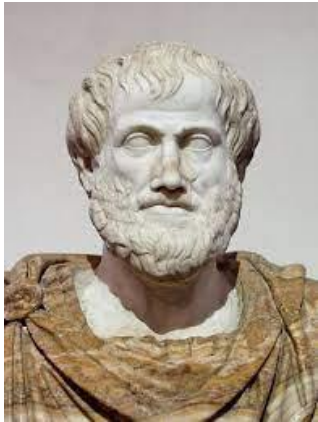
Human locomotion



384–322 BC



Human locomotion



384–322 BC

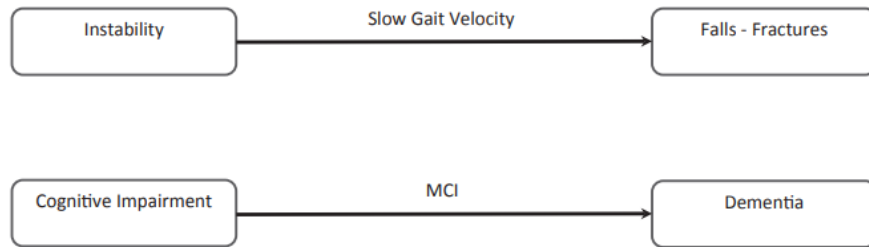


Gait and Cognition: A Complementary Approach to Understanding Brain Function and the Risk of Falling

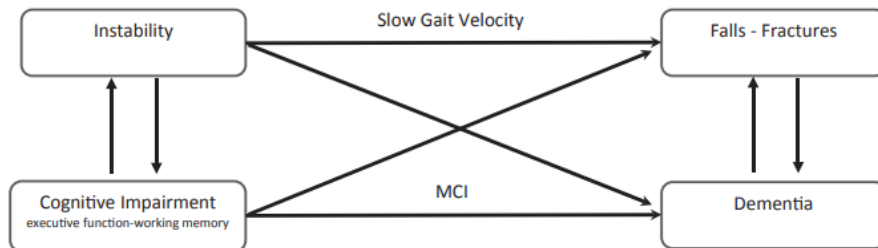
Manuel Montero-Odasso, MD, PhD, AGSF,^{*†} Joe Verghese, MB, BS,[‡] Olivier Beauchet, MD, PhD,[§] and Jeffrey M. Hausdorff, PhD^{||***}

- Gait and cognition are interrelated in older adults

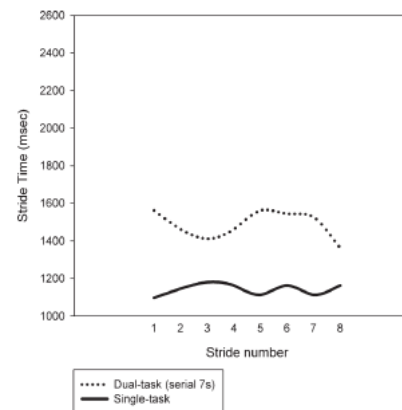
A Traditional view



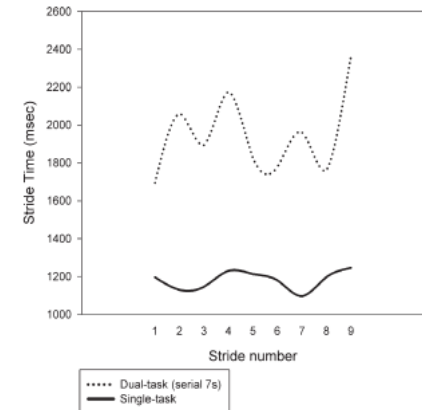
B Alternative, emerging view



Normal Cognition

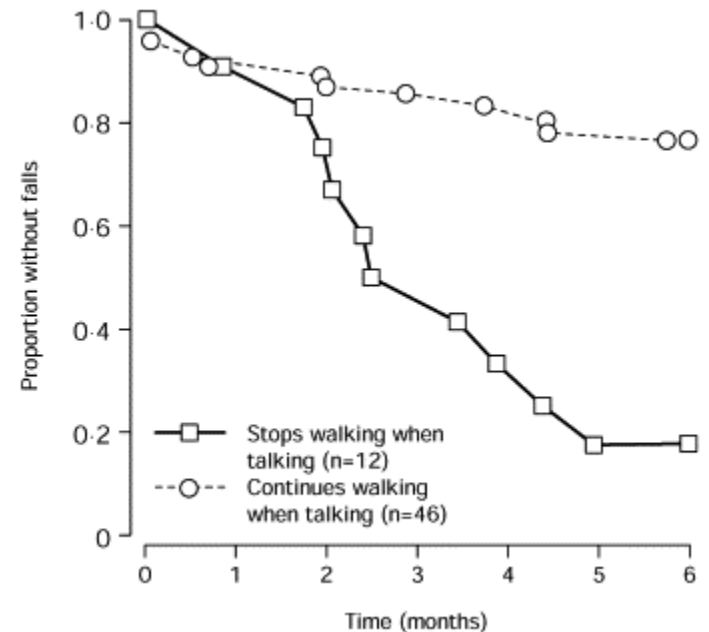


MCI



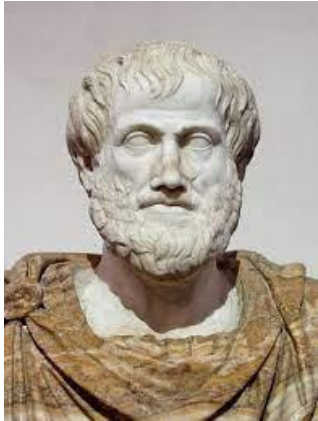
Examples with students:

1. Walking while talking
2. Single Leg Stance (ST, DT)

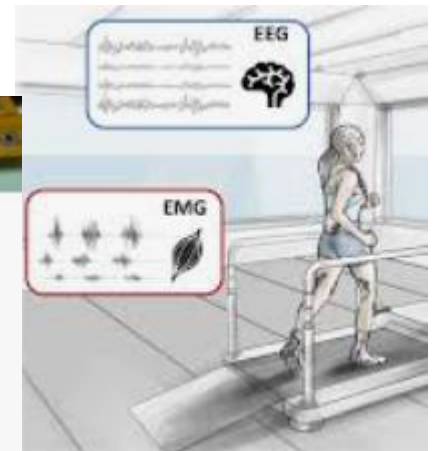
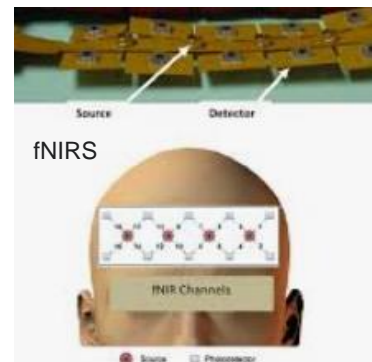
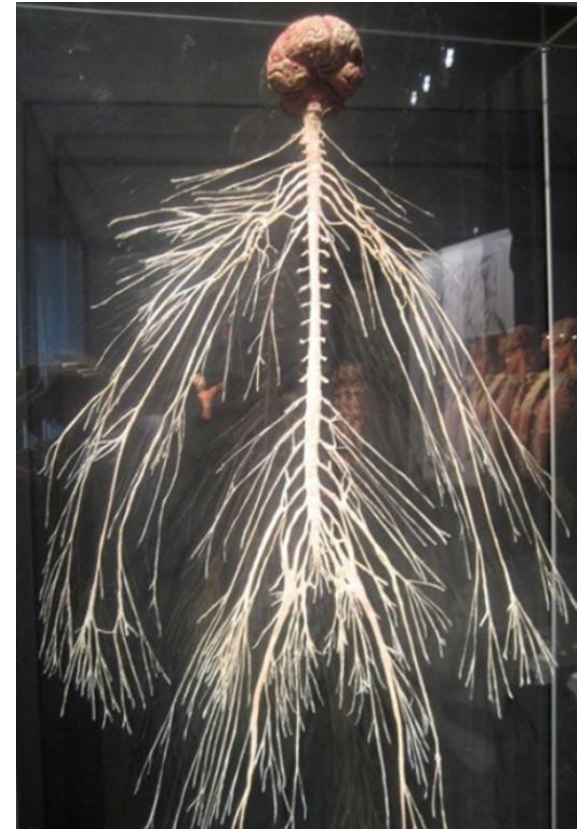


Lundin-Olsson, Nyberg & Gustafson (Lancet 1997)

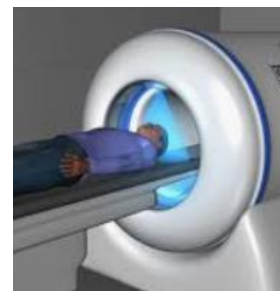
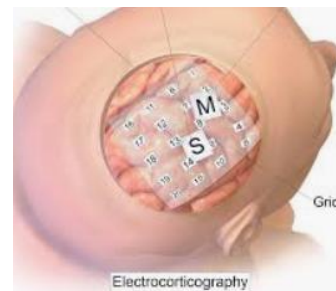
Human locomotion



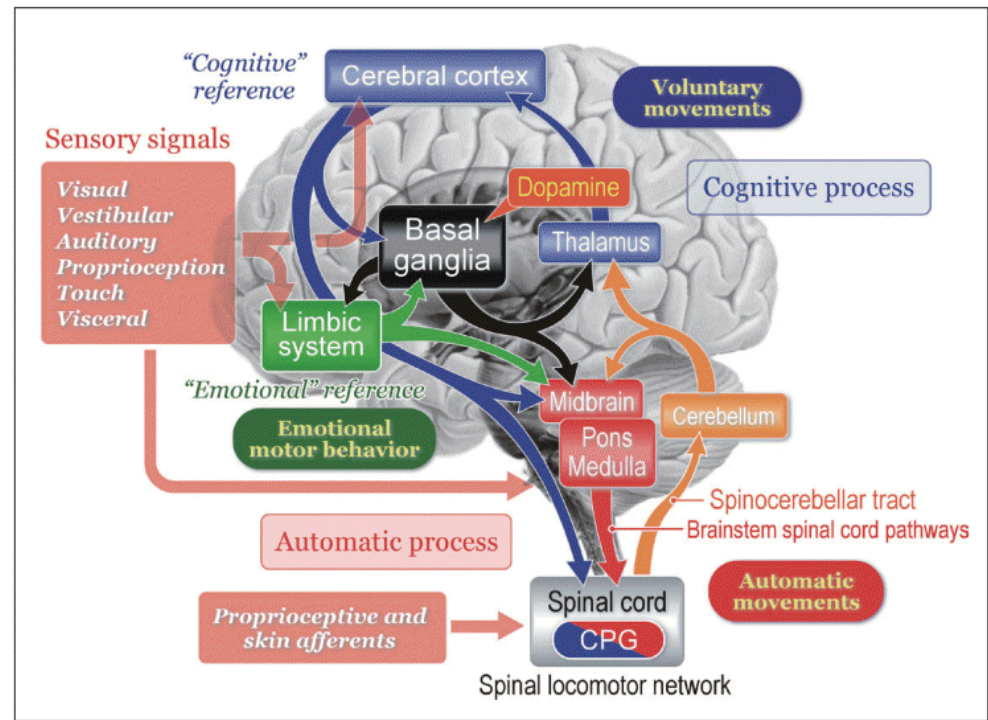
384–322 BC



Neuroimaging Method	Activity Measured	Temporal Resolution	Spatial Resolution	Risk	Portability
EEG	Electrical	~ 0.001 s	~ 10 mm	Non-invasive	Portable
MEG	Magnetic	~ 0.05 s	~ 5 mm	Non-invasive	Non-portable
ECoG	Electrical	~ 0.003 s	~ 1 mm	Slightly invasive	Portable
Intracortical neuron recording	Electrical	~ 0.003 s	~ 0.5 mm (LFP) ~ 0.1 mm (MUA) ~ 0.05 mm (SUA)	Strongly invasive	Portable
fMRI	Metabolic	~ 1 s	~ 1 mm	Non-invasive	Non-portable
SPECT	Metabolic	~ 10 s– 30 min	~ 1 cm	Non-invasive	Non-portable
PET	Metabolic	~ 0.2 s	~ 1 mm	Non-invasive	Non-portable
NIRS	Metabolic	~ 1 s	~ 2 cm	Non-invasive	Portable

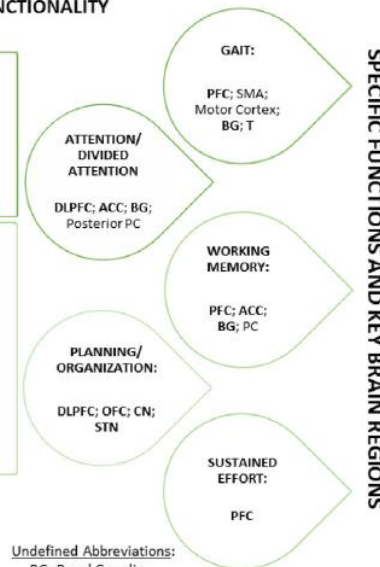
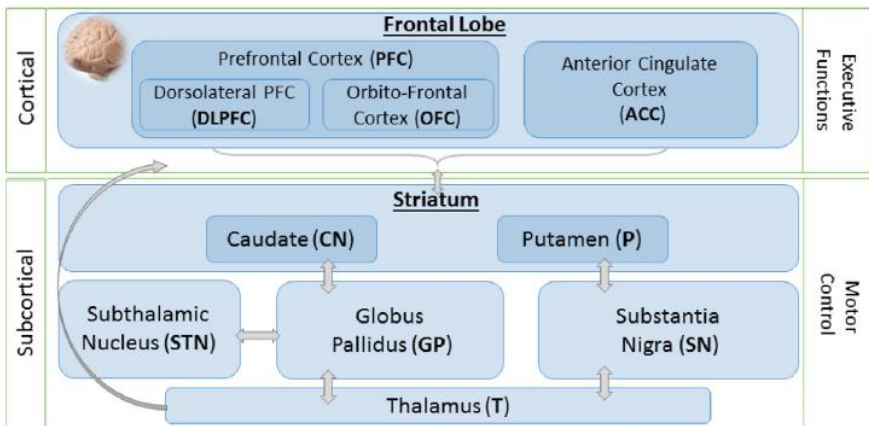


Human locomotion



OVERLAP IN EXECUTIVE FUNCTIONS (EFs) & GAIT: NEUROCIRCUITRY & FUNCTIONALITY

Takakusaki, 2017 J Mov Disord



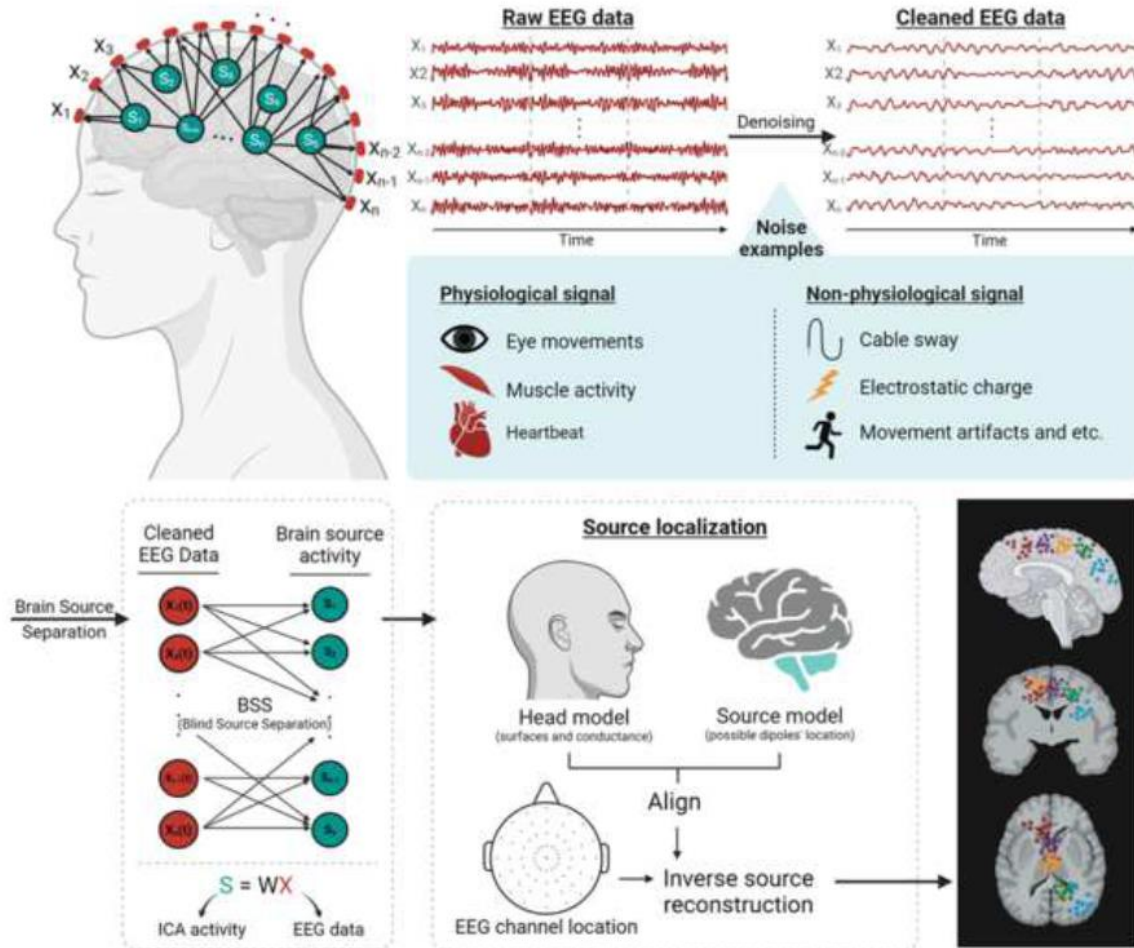
Undefined Abbreviations:
BG=Basal Ganglia
PC=Parietal Cortex
SMA= Supplementary Motor Cortex

Marusic, Verghese, Mahoney, 2018 JAMDA

Fig. 4. Proposed model of cognitive training-related gait improvements.

Mobile neuroimaging: What we have learned about the neural control of human walking, with an emphasis on EEG-based research

Natalie Richer^a  , J. Courtney Bradford^b, Daniel P. Ferris^c



Cognitive-motor interference (CMI)

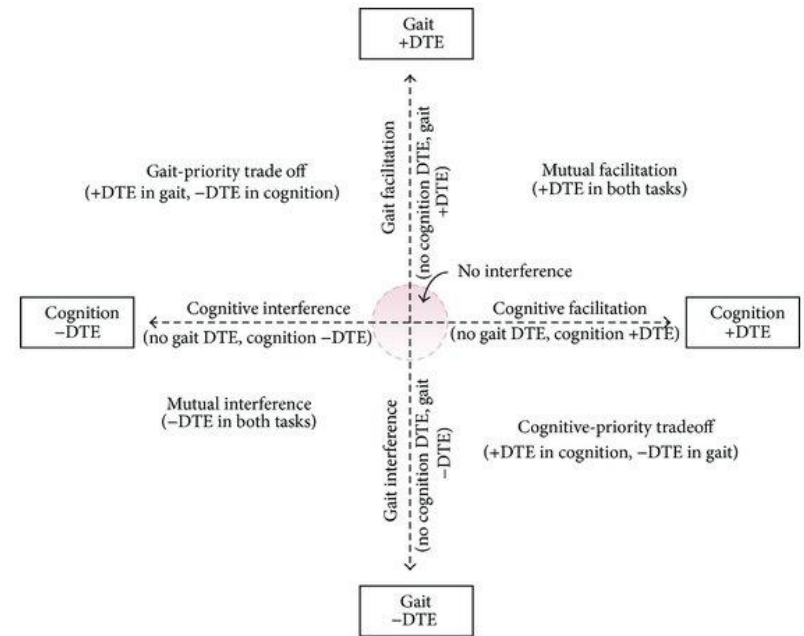
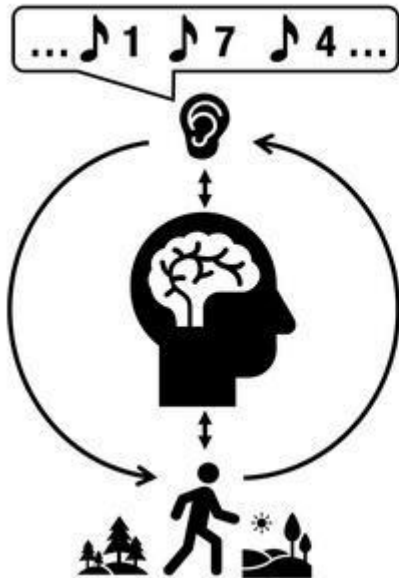
Received: 21 February 2020 | Revised: 26 August 2020 | Accepted: 27 August 2020
DOI: 10.1111/ejn.14959

SPECIAL ISSUE ARTICLE

EJN European Journal of Neuroscience FENS WILEY

Cognitive-motor interference in the wild: Assessing the effects of movement complexity on task switching using mobile EEG

Julian E. Reiser  | Edmund Wascher  | Gerhard Rinkenauer | Stefan Arnau 



Plummer et al., 2014

CMI:

- sensory (early processes)
- Integration (info. processing)
- Executive control
- Motor processes (planning, execution)





Cognitive interventions to improve mobility

- 1st RCT with sedentary seniors performing CCT targeting EF & attention ¹
- 24 sessions, 8 weeks, 3x/week



¹ Verghese et al., 2010

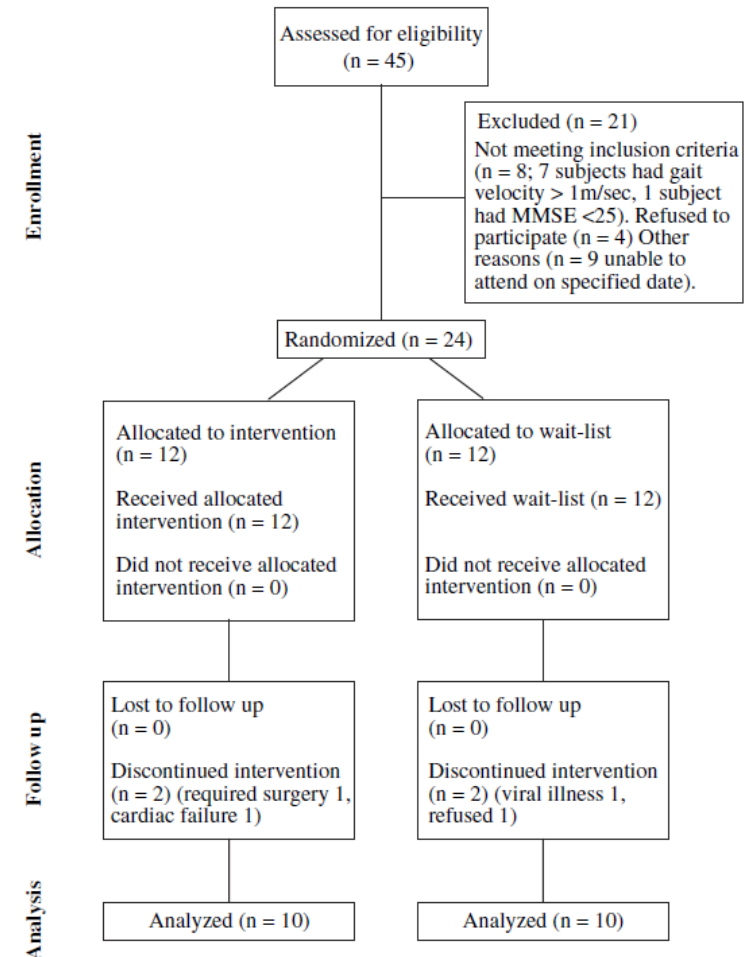


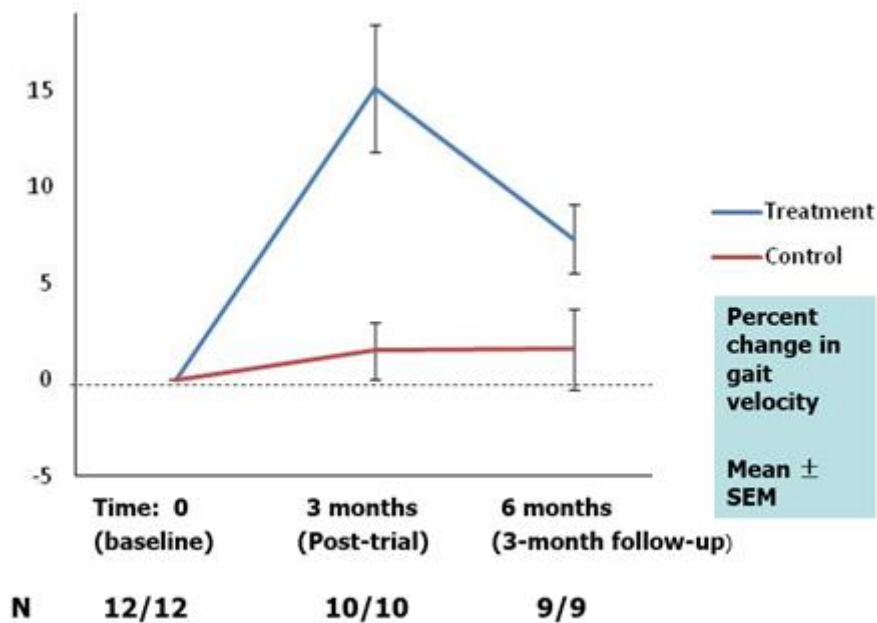
Figure 1. CONSORT diagram showing the flow of participants.



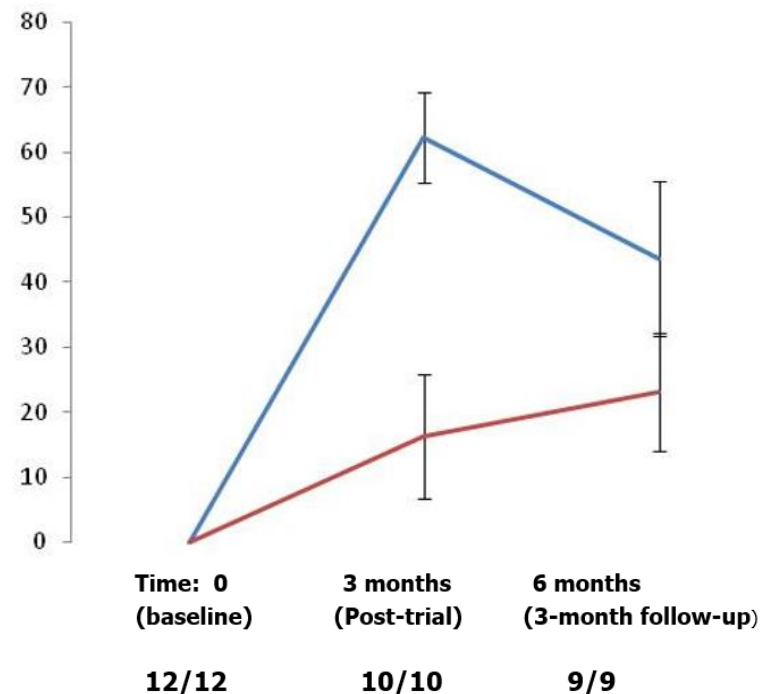
Cognitive interventions to improve mobility

- 1st RCT with sedentary seniors and 24 sessions of CCT targeting EF&attention ¹
- %change from baseline:

a) Normal walking



b) WWT: Walking while reciting alternate alphabets





Spatial navigation training modifies hippocampal volumes



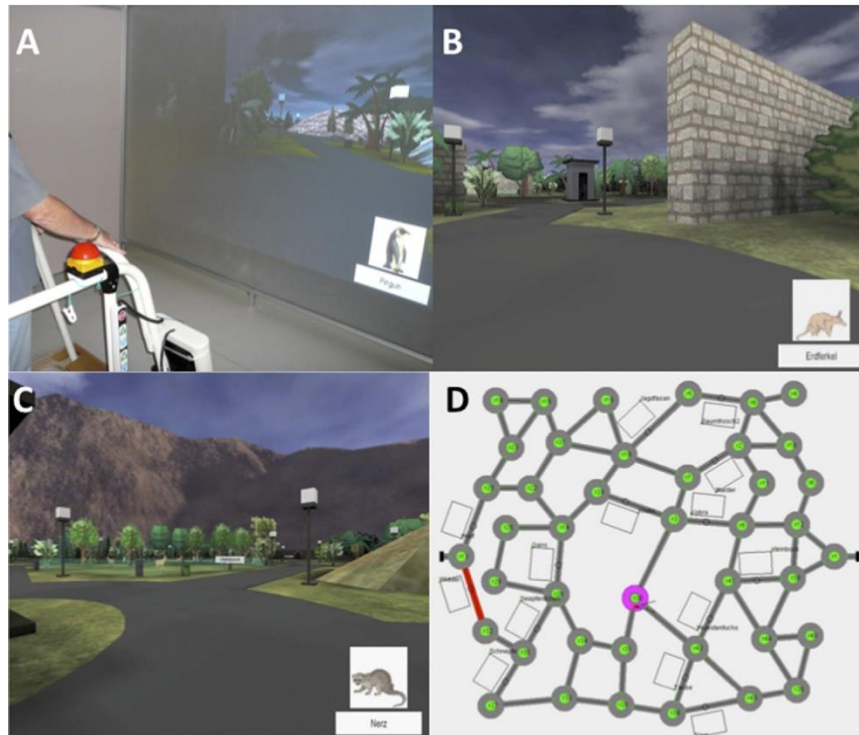
Neurobiology of Aging 33 (2012) 620.e9–620.e22

NEUROBIOLOGY
OF
AGING

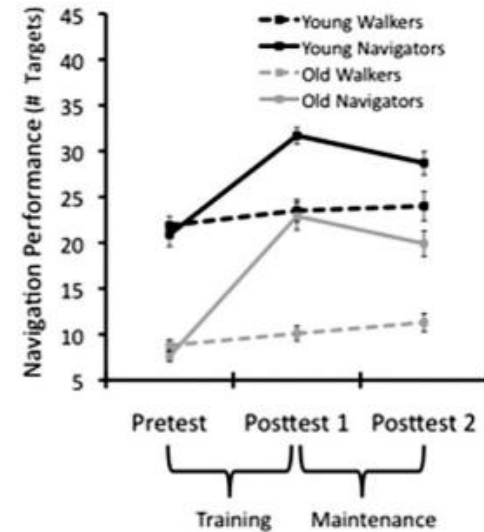
www.elsevier.com/locate/neuaging

Spatial navigation training protects the hippocampus against age-related changes during early and late adulthood

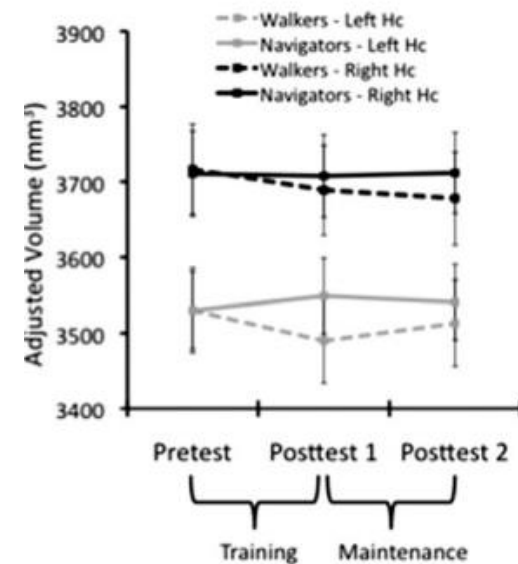
Martin Lövdén^{a,b,c,*}, Sabine Schaefer^a, Hannes Noack^a, Nils Christian Bodammer^a,
Simone Kühn^{d,e}, Hans-Jochen Heinze^{f,g}, Emrah Düzel^{f,g,h}, Lars Bäckman^{a,c},
Ulman Lindenberger^a



A. Navigation Performance

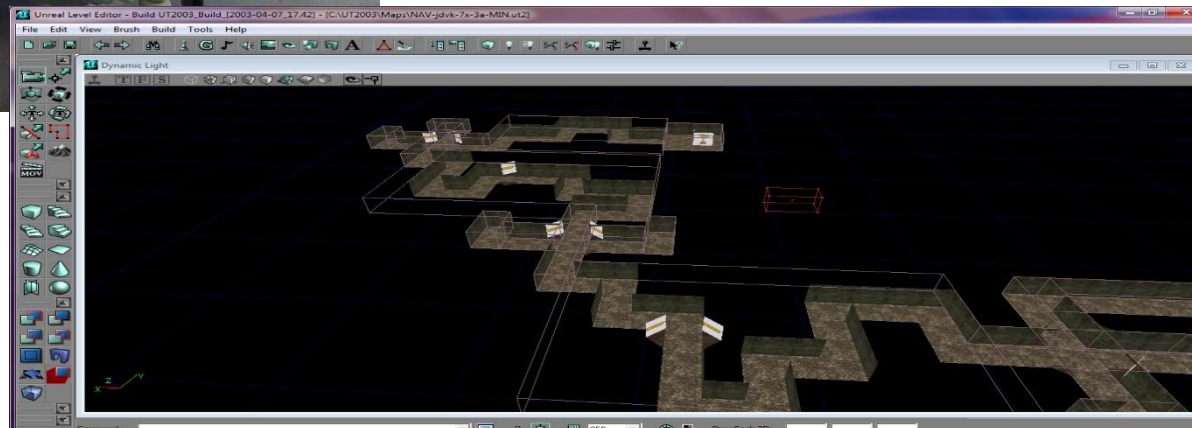


B. Hippocampal volumes



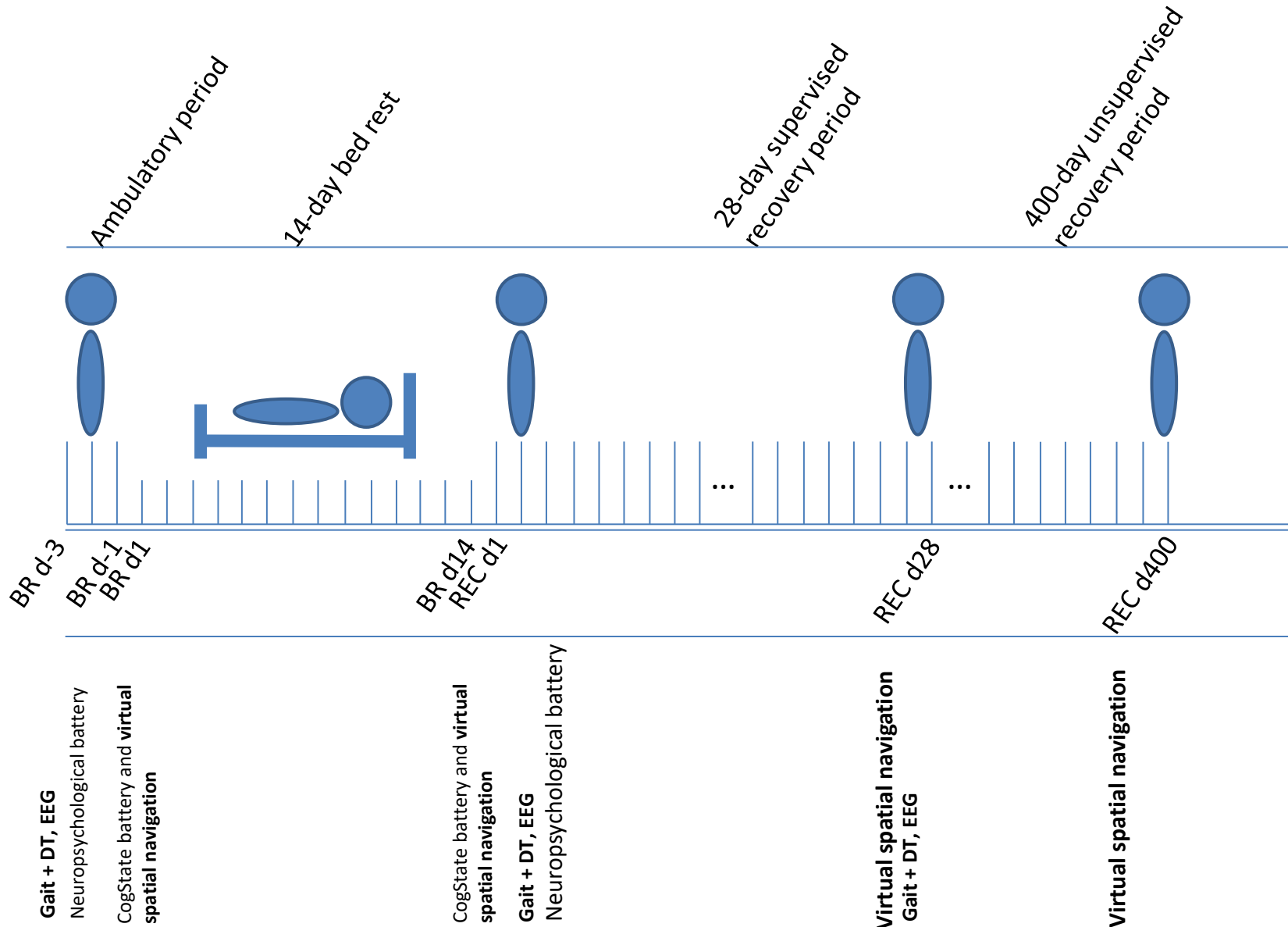
BED REST Valdoltra 2012

- RM random design
- Intervention and control group
- 14-day bed rest study at the Valdoltra Hospital, University of Primorska, Ankaran, Slovenia.



16 healthy participants: Intervention (N=8) and Control group (N=8)

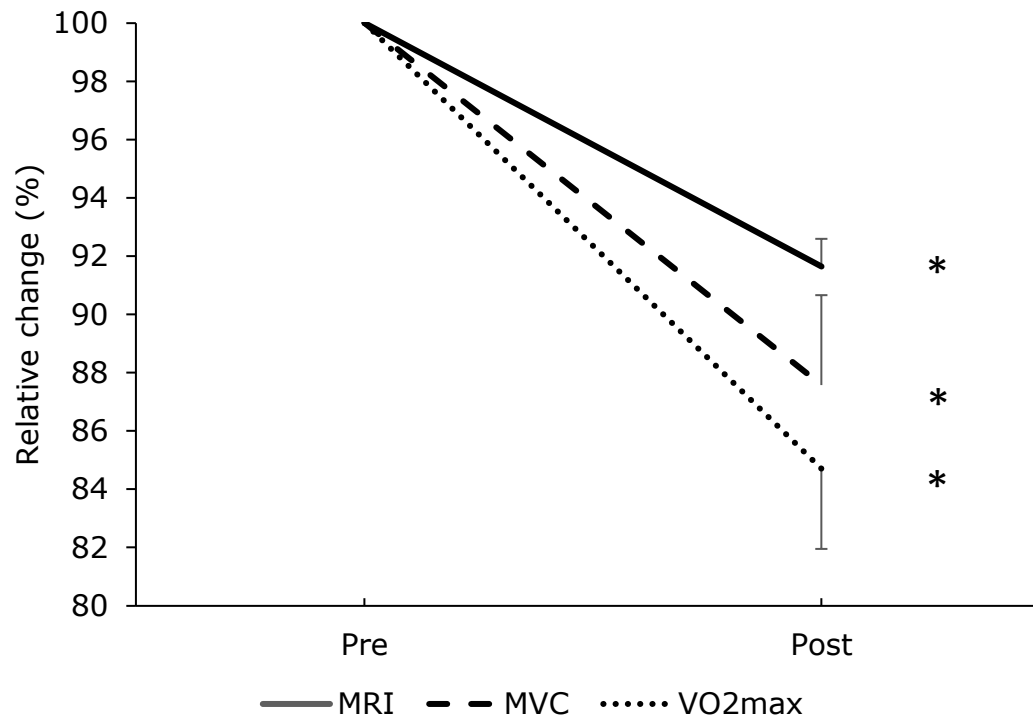
- matched in terms of BMI, age, level of education and usage of computer
- Randomized into 2 groups: CCT or watching documentaries





CCT during bed rest

- ↓ Muscle volume, function, and aerobic capacity ¹
 - *No interaction between Intervention and Control group ($p > 0.05$)!!*





CCT during bed rest

AGING, NEUROPSYCHOLOGY, AND COGNITION, 2016
<http://dx.doi.org/10.1080/13825585.2016.1263724>



Computerized cognitive training during physical inactivity improves executive functioning in older adults

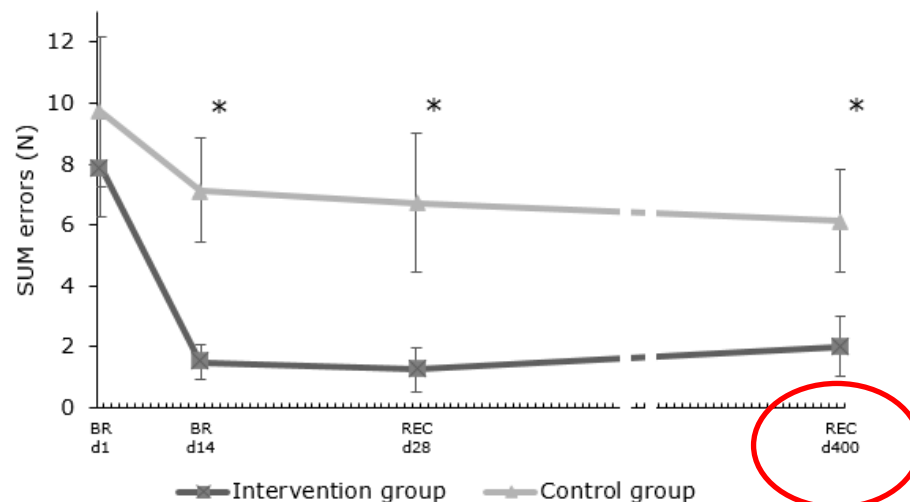
Uros Marusic^a, Bruno Giordani^b, Scott D. Moffat^c, Mojca Petrič^d, Petra Dolenc^d, Rado Pišot^a and Voyko Kavcic^e

^aInstitute for Kinesiology Research, Science and Research Centre, University of Primorska, Koper, Slovenia;

^bDepartments of Psychiatry, Neurology, and Psychology and School of Nursing, University of Michigan, Ann Arbor, MI, USA; ^cSchool of Psychology, Georgia Institute of Technology, Atlanta, GA, USA; ^dFaculty of Education, University of Primorska, Koper, Slovenia; ^eInstitute of Gerontology, Wayne State University, Detroit, MI, USA

Close and far transfer!

- Specifically trained cognitive functions (EF) (Marusic et al., 2016)





CCT during bed rest

AGING, NEUROPSYCHOLOGY, AND COGNITION, 2016
<http://dx.doi.org/10.1080/13825585.2016.1263724>



Computerized cognitive training during physical inactivity improves executive functioning in older adults

Uros Marusic^a, Bruno Giordani^b, Scott D. Moffat^c, Mojca Petrič^d, Petra Dolenc^d, Rado Pišot^a and Voyko Kavcic^e

^aInstitute for Kinesiology Research, Science and Research Centre, University of Primorska, Koper, Slovenia;

^bDepartments of Psychiatry, Neurology, and Psychology and School of Nursing, University of Michigan, Ann Arbor, MI, USA; ^cSchool of Psychology, Georgia Institute of Technology, Atlanta, GA, USA; ^dFaculty of Education, University of Primorska, Koper, Slovenia; ^eInstitute of Gerontology, Wayne State University, Detroit, MI, USA

Close and far transfer!

- Specifically trained cognitive functions (EF) (Marusic et al., 2016)
- Far transfer to a distal untrained domain – mobility (Marusic et al., 2015)



CCT during bed rest

Psychology and Aging
2015, Vol. 30, No. 2, 334–340

© 2015 American Psychological Association
0882-7974/15/\$12.00 http://dx.doi.org/10.1037/pag0000021

Computerized Spatial Navigation Training During 14 Days of Bed Rest in Healthy Older Adult Men: Effect on Gait Performance

Uros Marusic
University of Primorska and Vrije Universiteit Brussel

Voyko Kavcic
Wayne State University

Bruno Giordani
University of Michigan

Mitja Geržević
University of Primorska

Romain Meeusen
Vrije Universiteit Brussel and James Cook University

Rado Pišot
University of Primorska

Table 1
Table of Pre- and Post-BR Gait Measurements and Significance Level for Interaction Effect

Variables	Normal pace walking			Fast pace walking		
	Pre	Post	$p_{\text{INTERACTION}} (\eta^2)$	Pre	Post	$p_{\text{INTERACTION}} (\eta^2)$
Gait speed (m/s)			.490			.466
Intervention group	1.20 ± .22	1.04 ± .15		1.83 ± .35	1.52 ± .21	
Control group	1.36 ± .19	1.27 ± .17		1.94 ± .19	1.76 ± .17	
Gait speed DT (m/s)			.276			.452
Intervention group	1.06 ± .18	1.14 ± .15		1.51 ± .27	1.42 ± .20	
Control group	1.29 ± .23	1.25 ± .15		1.71 ± .22	1.54 ± .19*	
Gait speed DTE (%)			<.001 (.674)			.033 (.305)
Intervention group	−11.53 ± 7.28	9.22 ± 6.59**		−16.51 ± 9.63	−6.74 ± 8.87	
Control group	−5.07 ± 5.04	−1.13 ± 5.77		−11.48 ± 8.38	−12.25 ± 8.52	
Swing time variability (s)			.464			.909
Intervention group	.014 ± .004	.019 ± .005		.012 ± .002	.018 ± .010	
Control group	.011 ± .003	.014 ± .003		.011 ± .002	.017 ± .012	
Swing time variability DT (s)			.137			.003 (.496)
Intervention group	.026 ± .012	.020 ± .007		.017 ± .005	.015 ± .003	
Control group	.018 ± .011	.021 ± .012		.013 ± .005	.021 ± .009*	
Swing time variability DTE (%)			.146			.009 (.424)
Intervention group	92.96 ± 87.17	6.11 ± 19.68		41.80 ± 26.75	4.58 ± 36.41*	
Control group	67.79 ± 105.04	49.87 ± 76.83		26.49 ± 37.16	57.18 ± 66.93	

Note. BR = bed rest; DT = dual-task walking condition. DTE = calculated dual-task effect (negative value represents dual-task costs while positive values represents dual-task benefits). Boldface indicates a significant interaction effect ($p < .05$). All values are means ± SD unless otherwise stated.

* Significantly different from pre-BR at $p < .01$. ** Significantly different from pre-BR at $p < .001$.

Higher neural demands on stimulus processing after prolonged hospitalization can be mitigated by a cognitively stimulating environment

Uroš Marušič^{1,2,*}, Rado Pišot² and Vojko Kavčič^{3,4}

¹Science and Research Centre Koper, Slovenia

²Alma Mater Europaea – European Centre Maribor, Slovenia

³Institute of Gerontology, Wayne State University, Detroit, Michigan, USA

⁴International Institute of Applied Gerontology, Ljubljana, Slovenia

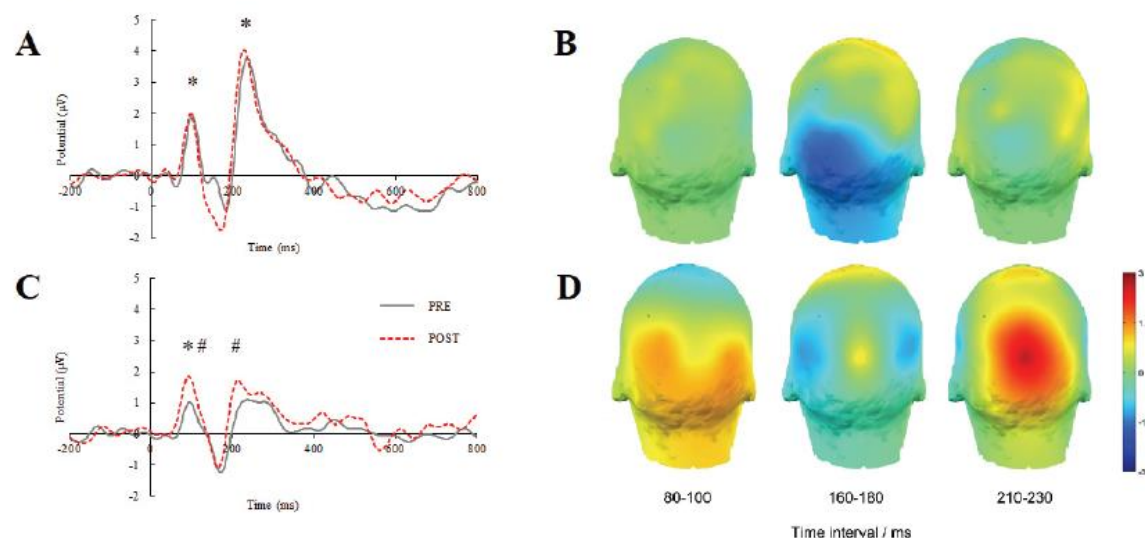


Limitations:

- Only static EEG
- Pre-post bed rest while sitting

Figure 1

Visual Evoked Potentials for CCT (A) and Control Group (C), and Topographic Maps of Post-Pre Difference for CCT (B) and Control Group (D)

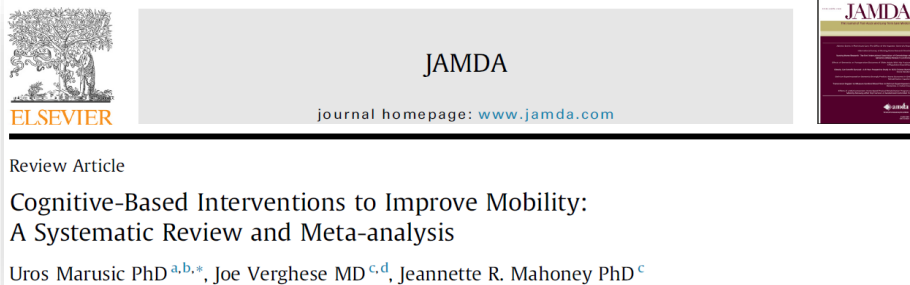


Notes: The solid gray line represents the data from pre-bed rest, while the dashed red line represents post-bed rest data. * marks a significant decrease in latency at the end of bed rest. # marks a significant increase in amplitude at the end of bed rest. The topographic maps are shown from posterior view.

Does non-physical training improve mobility?



Does non-physical training improve mobility?



Hindawi
Neural Plasticity
Volume 2018, Article ID 5651391, 9 pages
<https://doi.org/10.1155/2018/5651391>



Research Article

Motor Imagery during Action Observation of Locomotor Tasks Improves Rehabilitation Outcome in Older Adults after Total Hip Arthroplasty

Uros Marusic^{1,2}, Sidney Grosprêtre³, Armin Paravlic¹, Simon Kovač⁴, Rado Pišot¹
and Wolfgang Taube⁵



BED REST 2023



Bed rest 2023

J Appl Physiol 131: 194–206, 2021.
First published March 11, 2021; doi:10.1152/jappphysiol.00363.2020

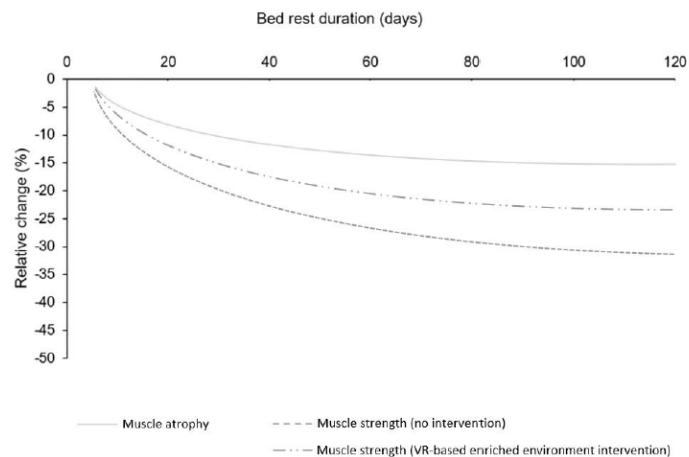
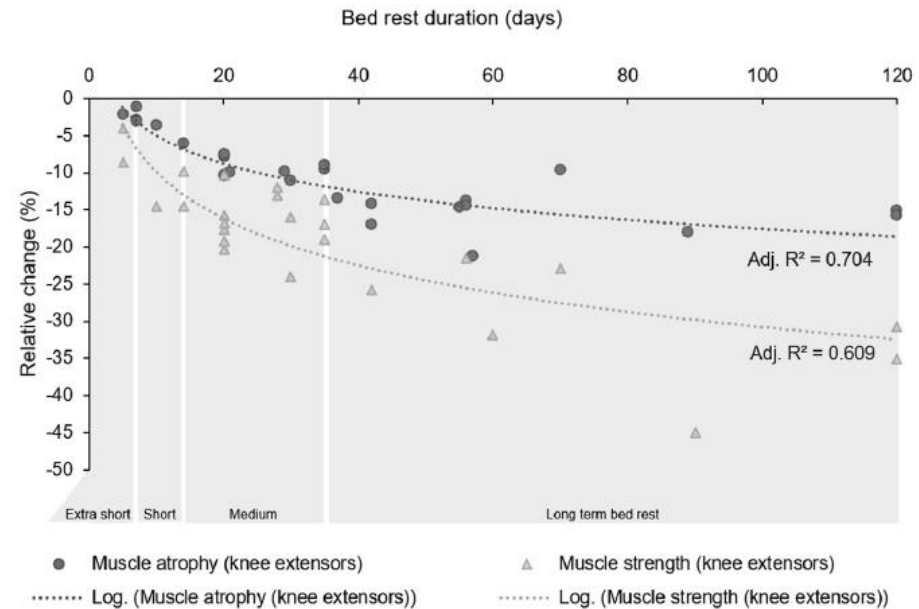


**JOURNAL OF
APPLIED PHYSIOLOGY**

SYSTEMATIC REVIEW

Nonuniform loss of muscle strength and atrophy during bed rest: a systematic review

Uros Marusic,^{1,2} Marco Narici,^{1,3} Bostjan Simunic,¹ Rado Piset,¹ and Ramona Ritzmann⁴



Šlosar et al., 2023 Front Aging Neurosci

FIGURE 2. Speculative decline in muscle strength following XR intervention in conjunction with non-physical intervention: Adapted from Marusic et al. (Marusic et al., 2021)



Bed rest 2023



10-day horizontal bed rest

X_BRAIN GROUP EX (N=10)

- 10 MI+AO (KI) Training days on the "VR leg press machine"
- Increase in difficulty (additional weights every day)
- Daily increase in muscle volume (impression of improvement)
- From 25 to 30 min/day
- No muscle contraction allowed
- *Specific diet, pre-training*

BEDREST GROUP E (N=10)

- 10- passive training (in the VR environment without a specific task)
- From 25 to 30 minutes/day

MRI: Quads muscle
CSA50% (time x group
int.: $p=0.031$):

- E = -4.49% *
- EX = -1.84% *

MViC (time x group int.:
 $p=0.006$):

- E = -14% *
- EX = -7% (n.s.)



ARRS J7-4601



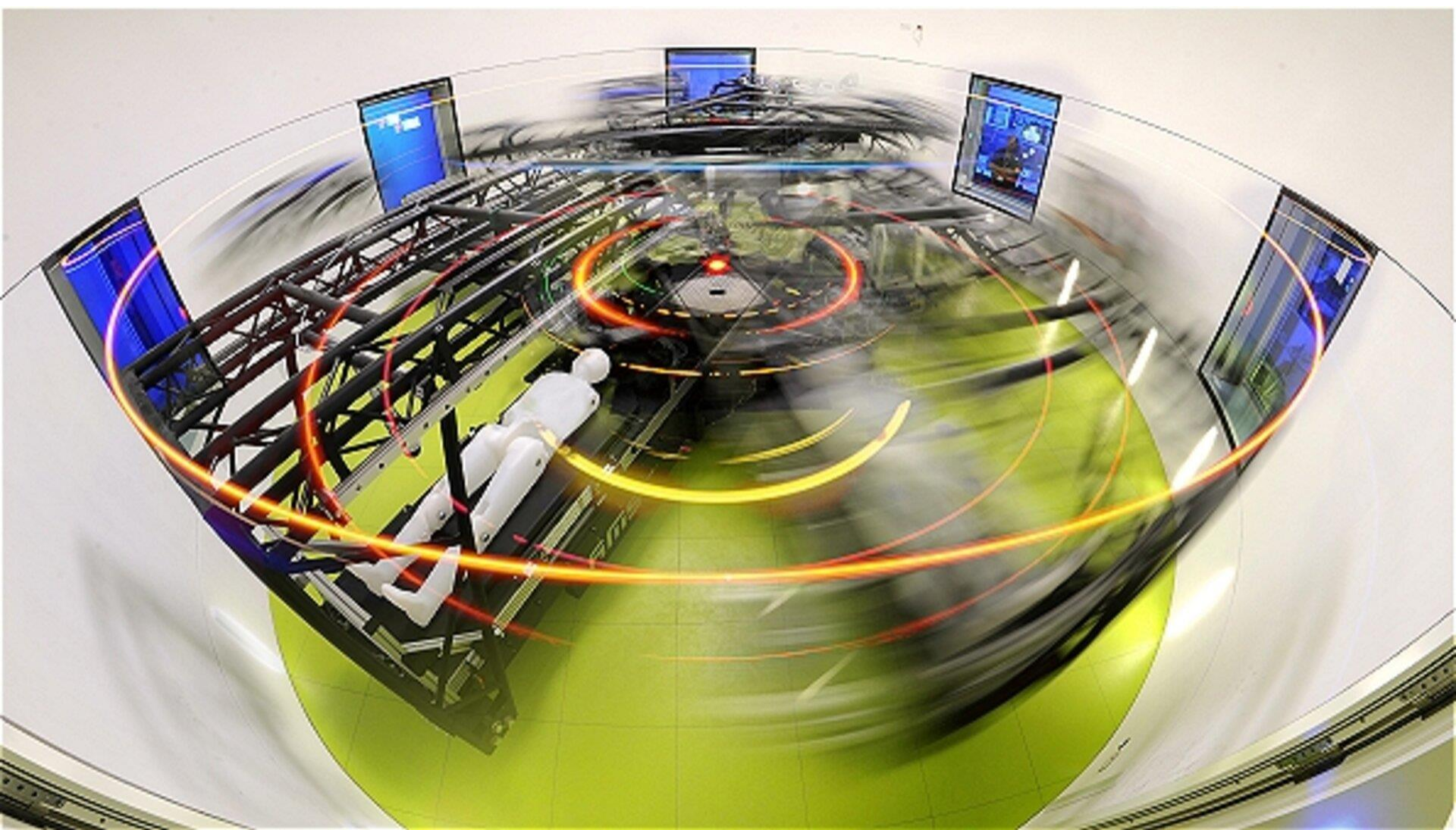
- Title: Adaptation and sensorimotor processing during increased gravity gradients
- 3-year national project: 1. 10. 2022 - 30. 9. 2025
- Basic project
- Total budget: 150.000€
- PI: Uros Marusic, PhD



Human centrifuge for medical purposes



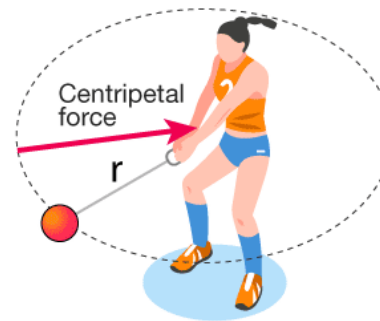
This project has received funding from European Union's Horizon 2020 Research and Innovation Programme under Grant Agreement No 101007990.



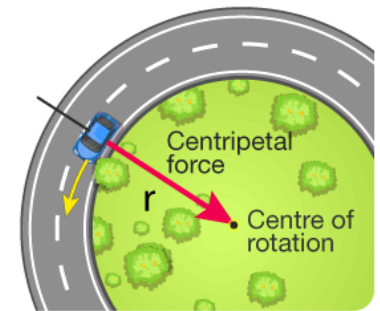
Principle of Centrifuges

What is a Centrifuge?

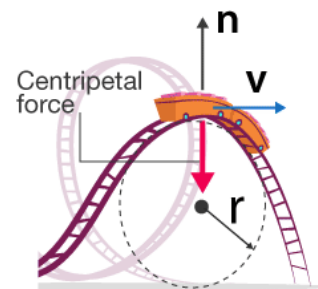
- A centrifuge is a scientific device that is used to separate fluids, gasses, or liquids based on the density of the subject. The separation is acquired by spinning a container with the material at a very high speed. The resulting forces created will then cause the heavier materials to travel to the bottom of the container.



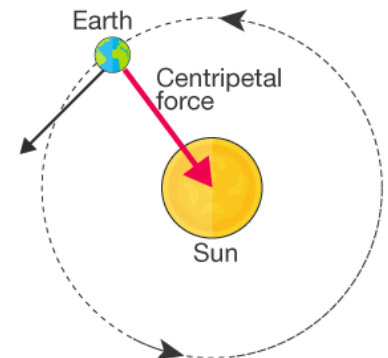
(a) Spinning a ball on a string or twirling a lasso



(b) Turning a car



(c) Going through a loop on a roller coaster



(d) Planets orbiting around the Sun

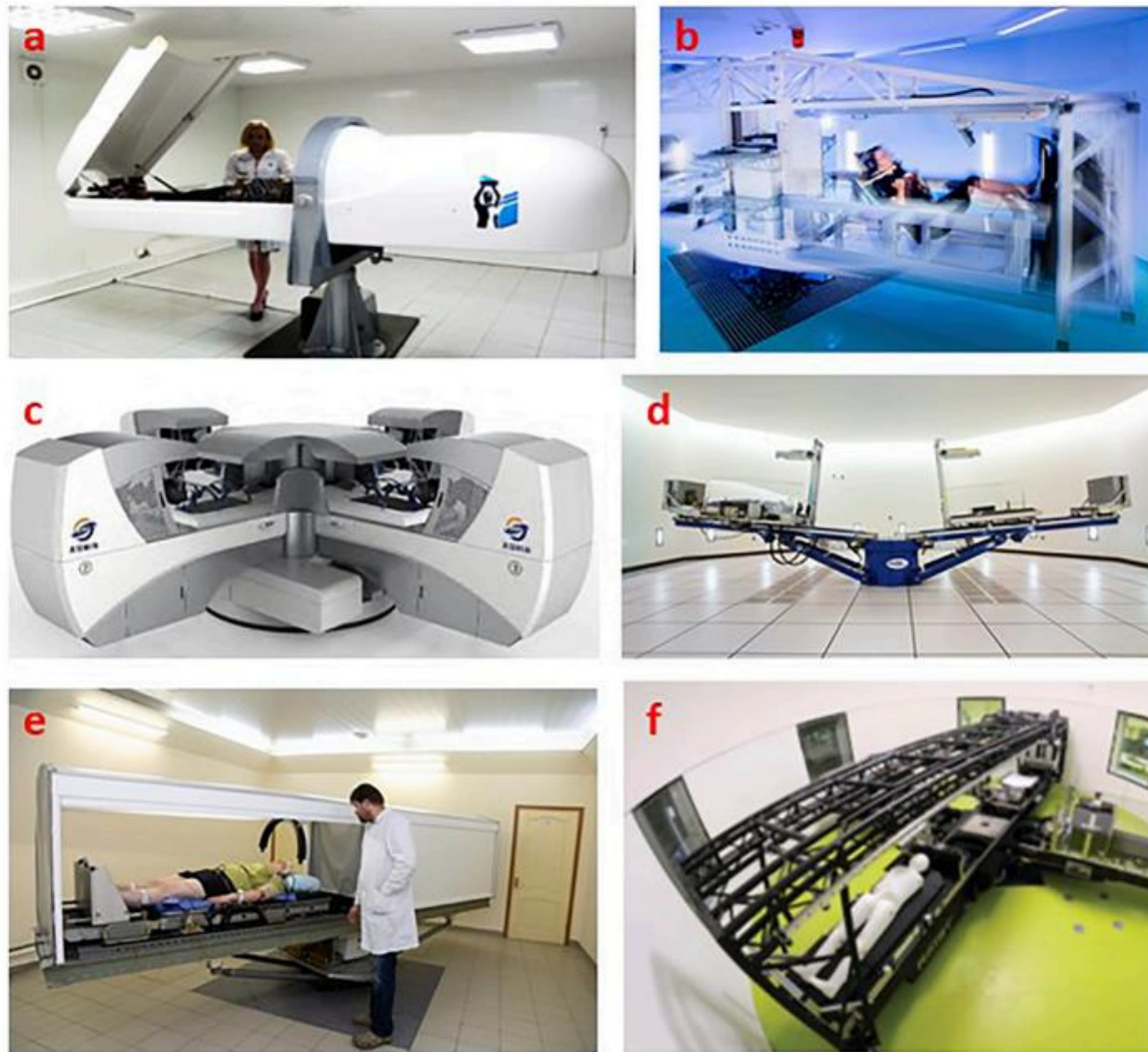
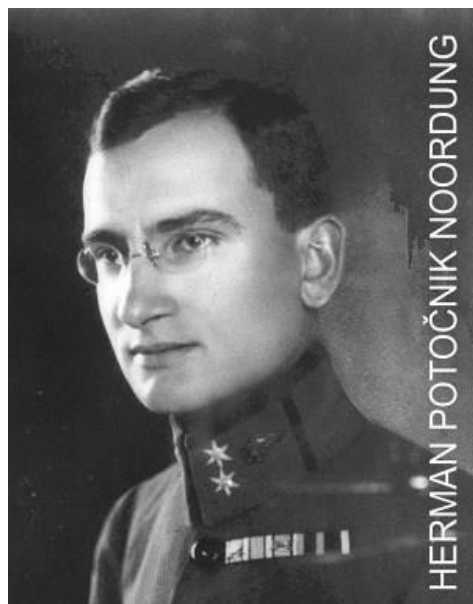


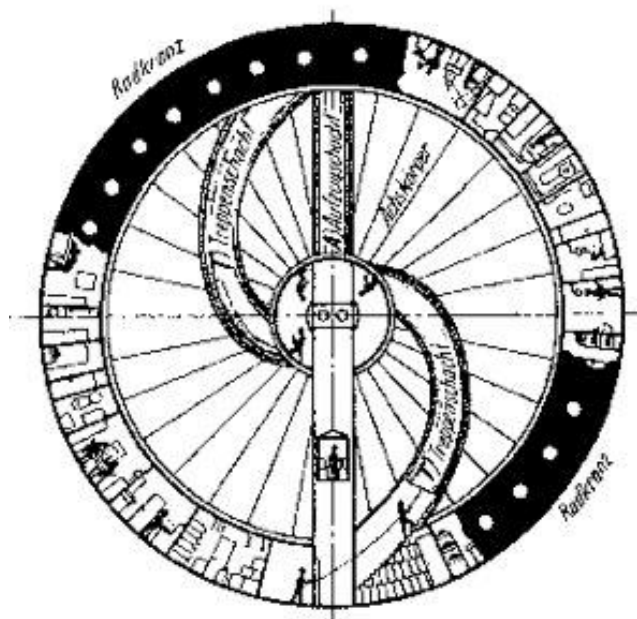
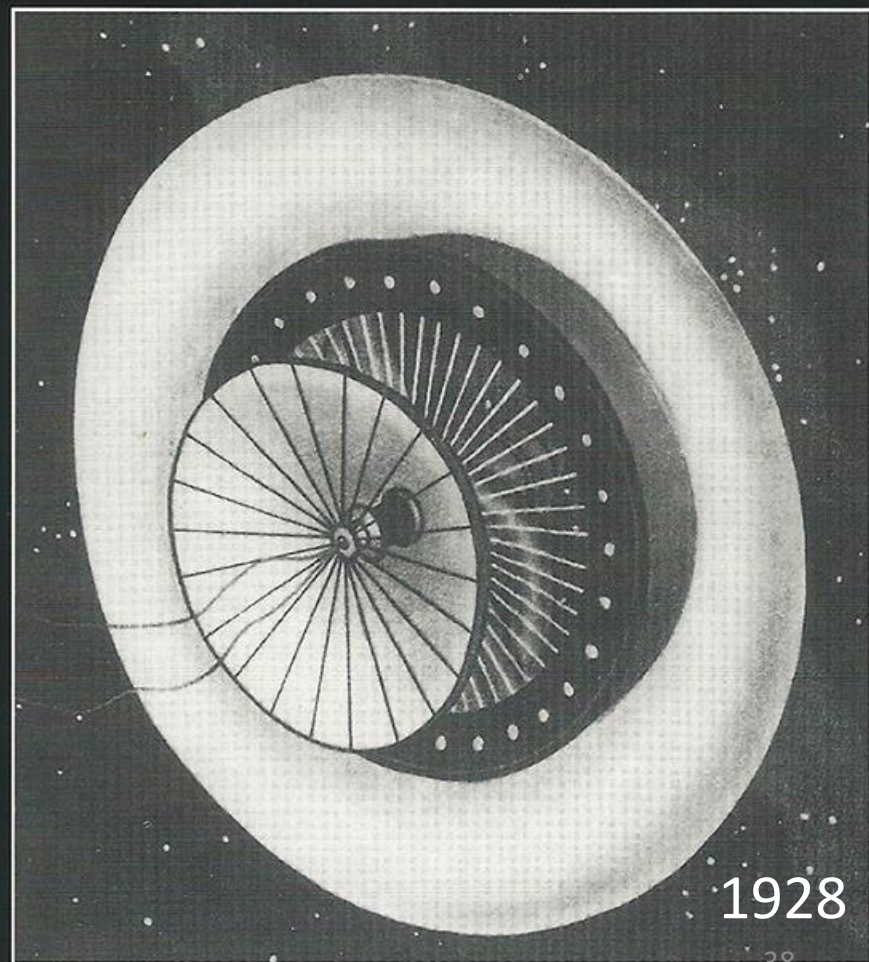
FIGURE 5

Some examples of short arm centrifuges used in treatment and in support of various space flight programs as countermeasure against microgravity related pathologies. **(A)** One-person gravity therapy centrifuge at the Samara State Medical University, Russia (Orlov and Koloteva, 2017). **(B)** Upgraded SAHC from European Space Agency, ESA, at the Olympic Sport Centre Planica, Slovenia (image ESA & Jozef Stefan Institute Slovenia/ ©K. Bidovec & A. Hodalič). **(C)** Centrifuge at: Department of Health Technology, Space Institute of Southern China, Shenzhen, Guangdong, China. **(D)** NASA short radius centrifuge currently being re-installed at Texas A&M University, United States (Arya et al., 2007). **(E)** Short arm centrifuge at the Institute for Biomedical Problems, IMBP, Moscow, Russia. **(F)** Human Centrifuge at the:envihab center of the German space agency, DLR near Cologne, Germany (Frett et al., 2014).



Herman Potočnik

PROBLEM VOŽNJE PO VESOLJU



Human centrifuge

- physiological deconditioning of the human body exposed to microgravity and simulated microgravity environments (bed rest and dry immersion) is well understood today (Williams et al., 2009; Stenger et al., 2012; Blaber et al., 2013; Hargens et al., 2013).
- Artificial gravity generated by spinning on a short-arm human centrifuge is a valuable countermeasure (Clement & Pavy-Le Traon, 2004; Clement et al., 2015).
- Centrifugation: improved orthostatic tolerance time, attenuated plasma volume, and increased exercise capacity (Evans et al., 2004; Evans et al., 2015; Clement et al., 2015).



ΕΛΛΗΝΙΚΗ ΕΤΑΙΡΕΙΑ ΑΕΡΟΔΙΑΣΤΗΜΙΚΗΣ
ΙΑΤΡΙΚΗΣ ΚΑΙ ΔΙΑΣΤΗΜΙΚΩΝ ΕΡΕΥΝΩΝ

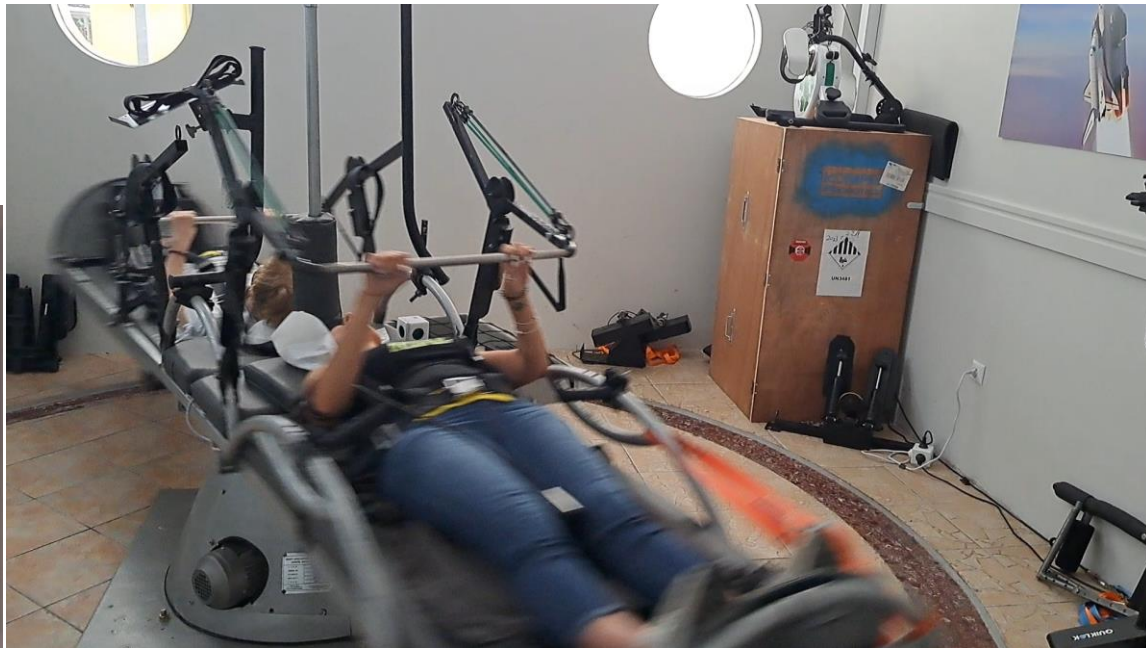
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ΦΥΣΙΚΗΣ +
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ΤΜΗΜΑ ΙΑΤΡΙΚΗΣ ΣΧΟΛΗ ΙΑΤΡΙΚΗΣ
ΑΡΙΣΤΟΤΕΛΕΙΟ ΠΑΝΕΠΙΣΤΗΜΙΟ ΘΕΣΣΑΛΟΝΙΚΗΣ ARISTOTLE UNIVERSITY OF THESSALONIKI



METHODS article

Front. Neurol., 04 January 2022

Sec. Neurorehabilitation

Volume 12 - 2021 | <https://doi.org/10.3389/fneur.2021.746832>

Therapeutic Benefits of Short-Arm Human Centrifugation in Multiple Sclerosis—A New Approach



Chrysoula Kourtidou-Papadeli^{1,2,3,4†}



Christos A. Frantzidis^{1,2†}



Christos Bakirtzis⁵



Anatoli Petridou⁶



Sotiria Gilou¹



Alik Karkala²



Ilias Machairas¹



Nikolaos Kantouris²



Christiane M. Nday¹



Emmanouil V. Dermizakis⁴



Eleftherios Bakas³



Vassilis Mougios⁶



Panagiotis D. Bamidis^{1,2‡}



Joan Vernikos^{2,7‡}





Preliminary (single-subject) data:

Healthy male, 35y, BMI=22

Centrifugation:

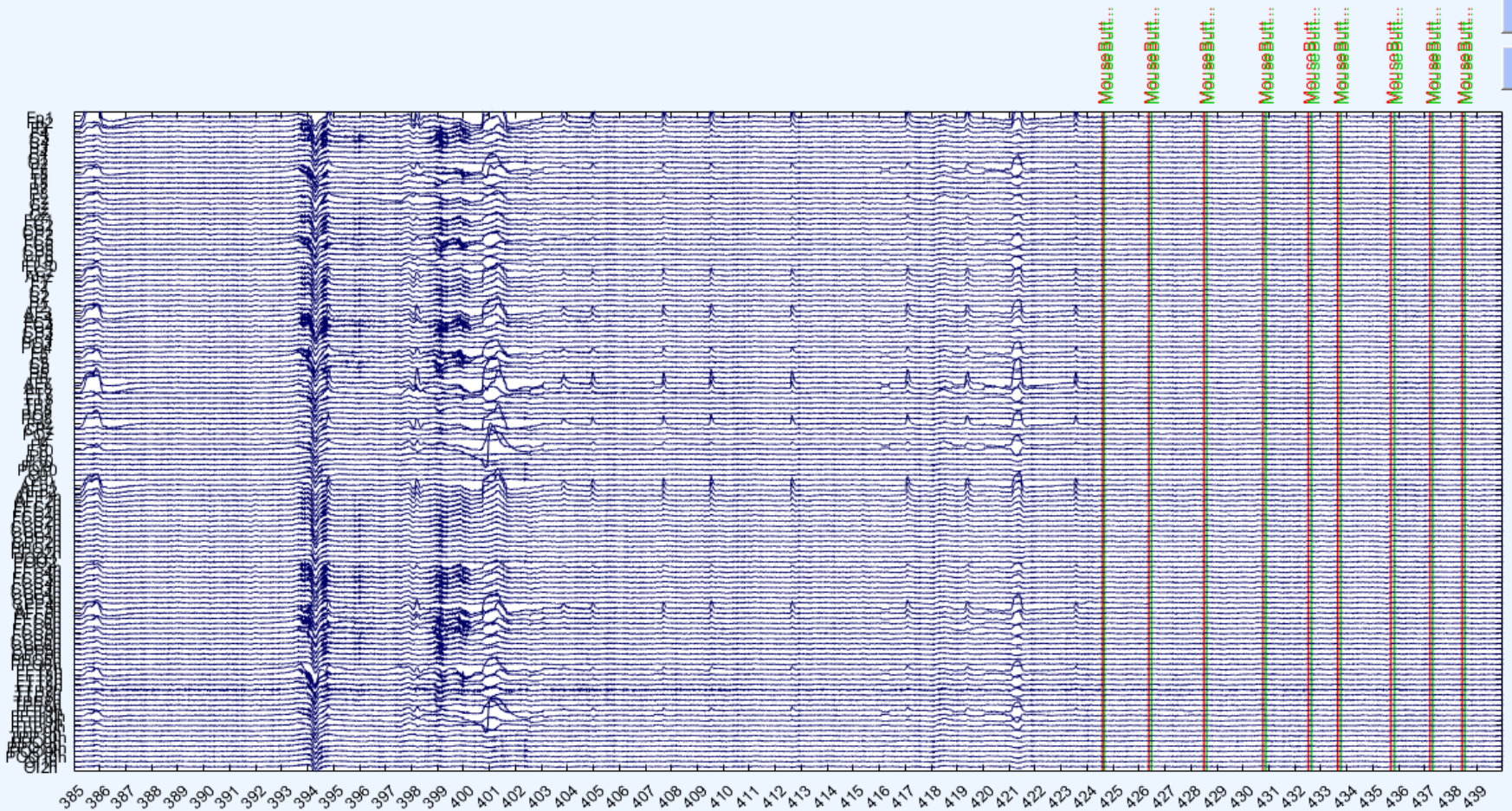
- 0.7G
- 1.4G

Increased HR:

- 56 bpm – resting supine
- 63 bpm – 0.7G
- 123 bpm – 1.4G
- 168 bpm – 1.4G + squads

Preliminary (single-subject) data:

EEG/ERP

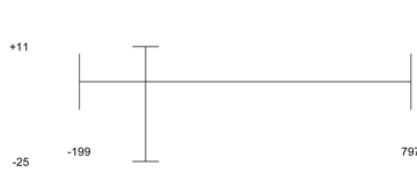
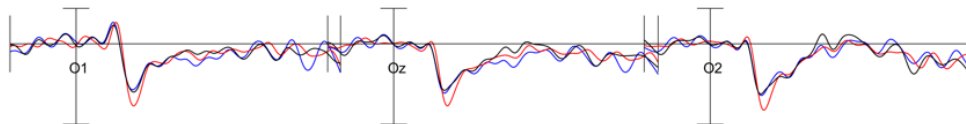
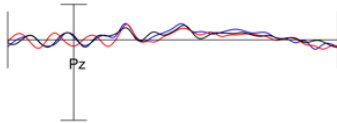
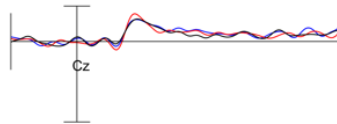


Preliminary (single-subject) data:

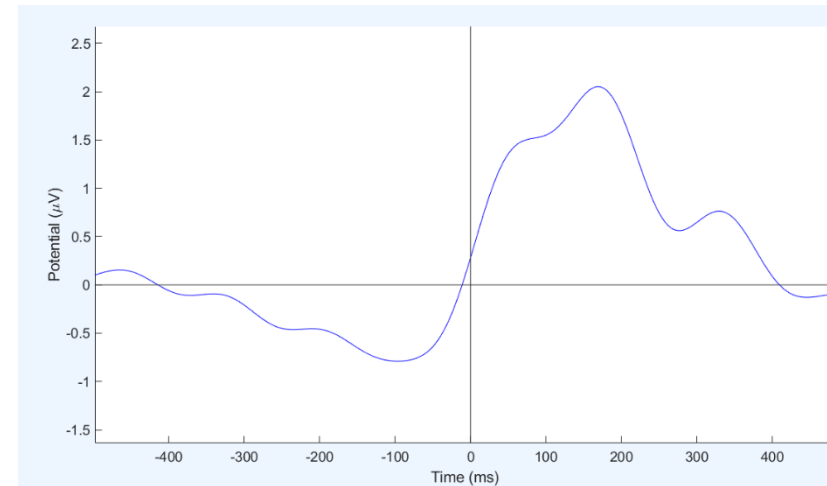
EEG/ERP

VEP:

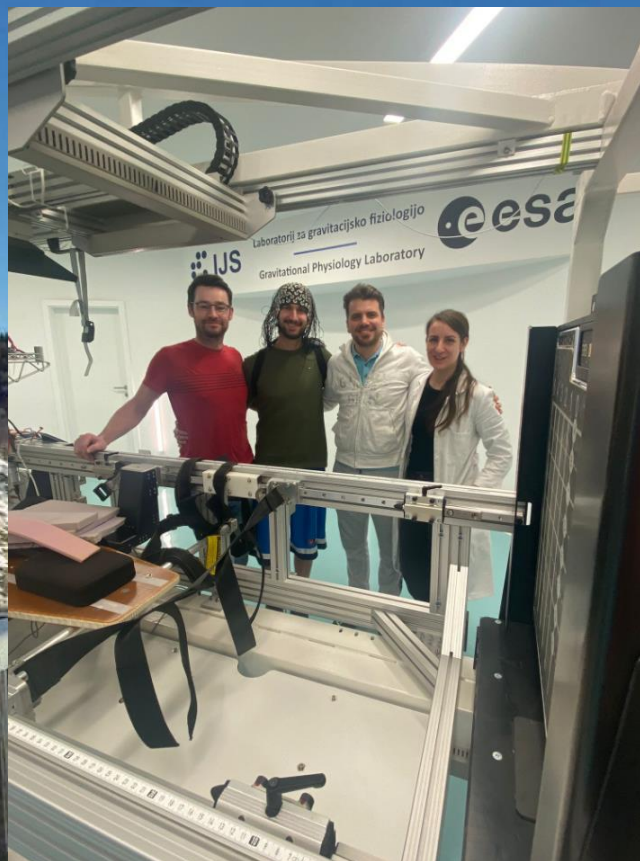
Word reading BLACK
Ink-naming BLUE
Switching RED



MRCP:



Measurements in SEPT 2024!



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uros.marusic@zrs-kp.si



All studies shown so far...

1. Behavioral/biomechanical outcomes only
and/or
2. Neuroplasticity metrics during static conditions



Time for Mobile Brain/Body Imaging (MoBI)?

- „Mobile brain/body imaging (MoBI) is a method to record and analyze brain dynamics and motor behavior under naturalistic conditions“ (Jungnickel, Gehrke, Klug & Gramann, 2019).

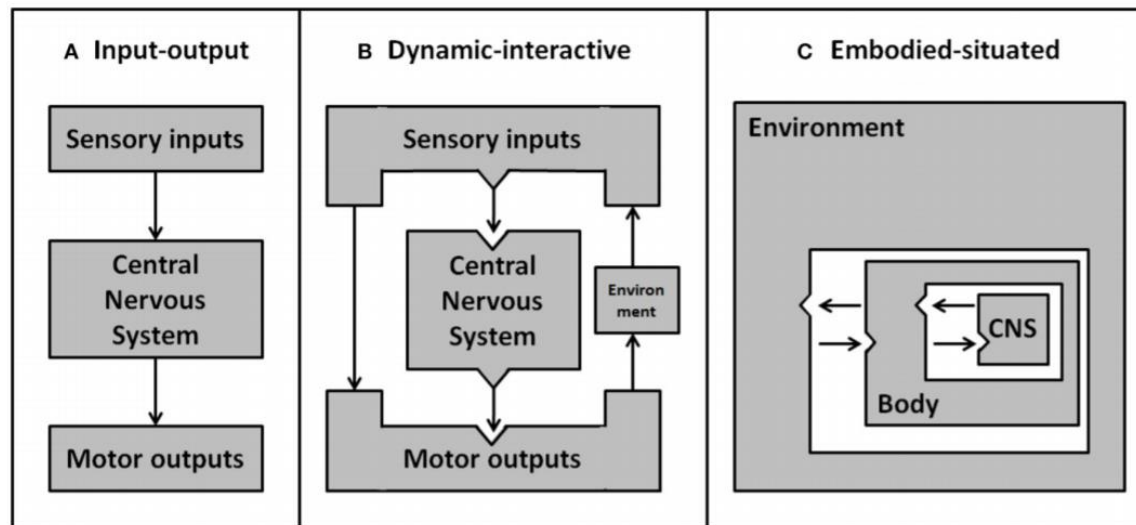


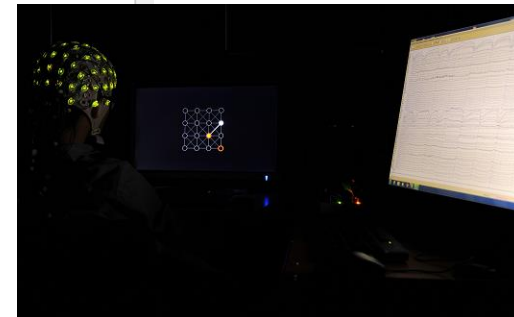
FIGURE 1 | Development of psychological models about the interactions between environment, body and central nervous system. Early simple input-output models (A) ignore the environment and represent sensory inputs as being processed discretely to produce motor outputs. More sophisticated dynamic-interactive models (B) include environmental factors. By this account, direct feedback from motor output can interact with, and act on, the environment—resulting in a change to future sensory inputs. In embodied-situated models (C) the nervous system is embedded within the environment through the body. From this perspective input and output systems are integrated rather than discrete separable elements, and the nervous system is inherently linked with the environment—as parts of a dynamic system. Adapted from Chiel and Beer (1997).



Time for Mobile Brain/Body Imaging (MoBI)?

- **Ecological validity?!**

9 behind the screen. During the motion onset experiment the room was completely darkened
10 according to the recommendation of Kremlacek, Kuba, Kubova & Chlubnova (2004).
11 Participants were seated in a comfortable chair and their hands were placed on the table with
12 about 90° in the elbow joint. A stepless high-adjustable chin rest was used to keep the
13 participants' head level with the centre of the screen. Subjects were instructed to avoid head
14 movement and eye blinks during the experiment. Earplugs were used to avoid disturbance
15 from environmental noise. All visual stimuli were presented during a practice period before
16 starting the experiment. For both, the pattern reversal (experiment 1) and motion onset
17 (experiment 2) visual stimuli, the protocol lasted for about 15 minutes. During both
18 experiments participants were instructed to keep their gaze on a fixation point at the centre of
19 the screen.





TWINning the BRAIN with machine learning for neuro-muscular efficiency

„TwinBrain“

**Horizon 2020 Twinning widespread-05-2020
1.11.2020-31.1.2024**



PI: Uros Marusic, PhD
Partner institutions:
Budget: 0.9 M€

www.twinbrain.si
<https://cordis.europa.eu/project/id/952401>



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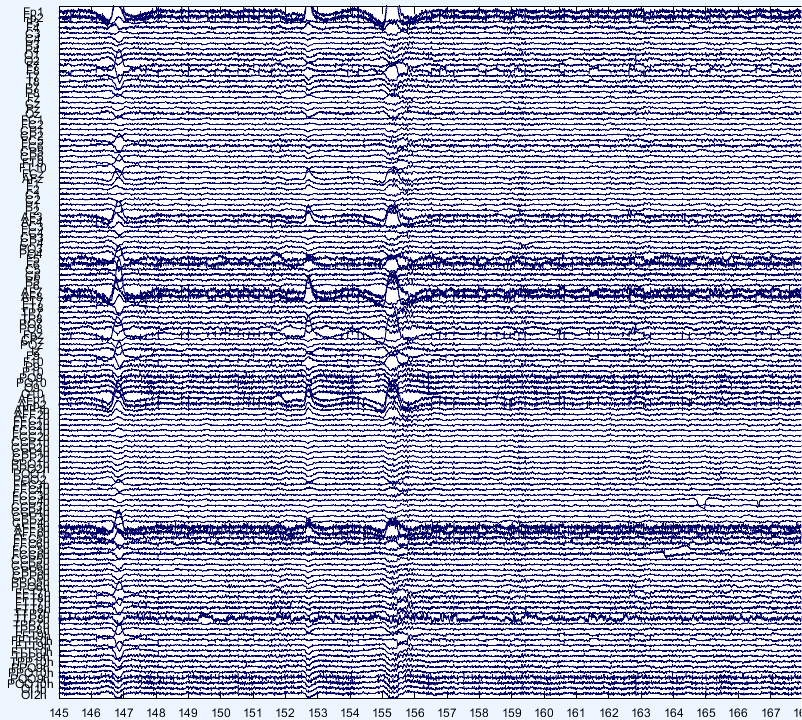


This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No 952401

Scroll channel activities -- eegplot() -- PDP01_merged_fil_256_128_cut_zap_int

Figure Display Settings Help

Static EEG



CANCEL

Event types

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Dynamic EEG

Journal of Neural Engineering



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13 January 2022

ACCEPTED FOR PUBLICATION


8 February 2022

PUBLISHED

28 February 2022

TOPICAL REVIEW

Removal of movement-induced EEG artifacts: current state of the art and guidelines

Dasa Gorjan¹, Klaus Gramann², Kevin De Pauw^{3,4} and Uros Marusic^{1,5,*} ¹ Science and Research Centre Koper, Institute for Kinesiology Research, Koper, Slovenia² Biological Psychology and Neuroergonomics, Technische Universität Berlin, Berlin, Germany³ Human Physiology and Sports Physiotherapy Research Group, Vrije Universiteit Brussel, Brussels, Belgium⁴ Brussels Human Robotics Research Center (BruBotics), Vrije Universiteit Brussel, Brussels, Belgium⁵ Department of Health Sciences, Alma Mater Europaea—ECM, Maribor, Slovenia

* Author to whom any correspondence should be addressed.

List of abbreviations

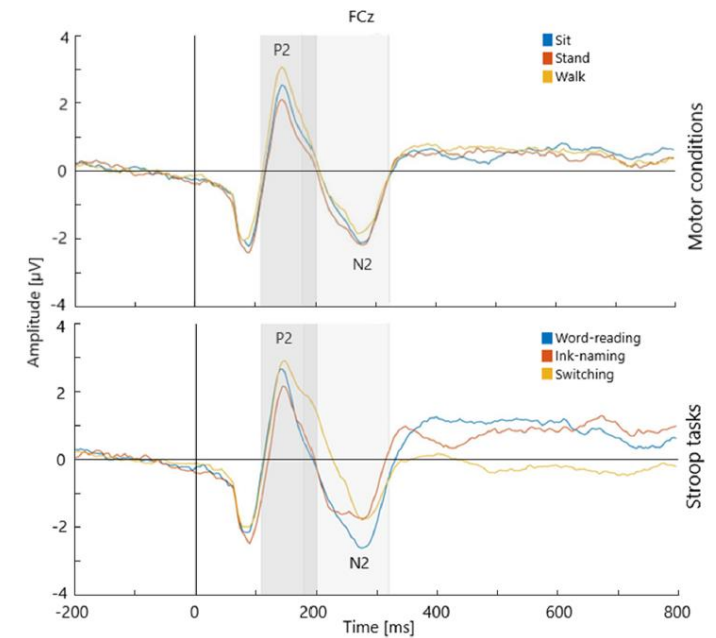
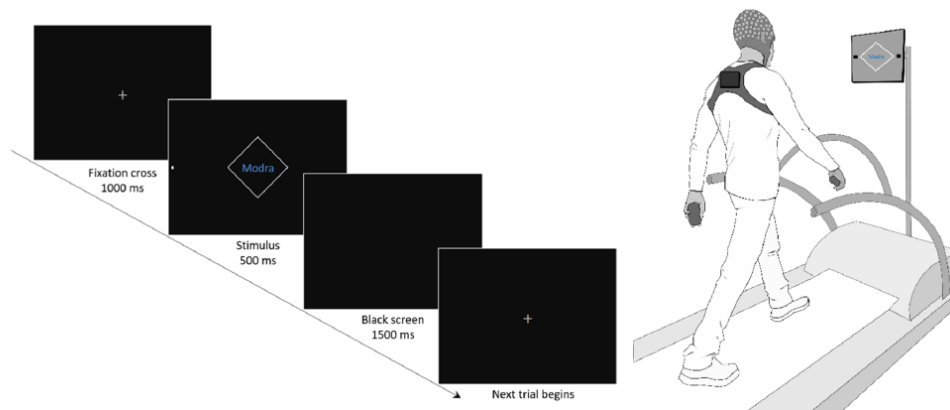
AMICA	adaptive mixture independent component analysis
ASR	artifact subspace separation
BCI	brain–computer interface
BSS	blind source separation
CCA	canonical correlation analysis
EEG	electroencephalography

EEMD	ensemble empirical mode decomposition
ICA	independent component analysis
MoBI	mobile brain/body imaging
ORICA	online recursive independent component analysis
PCA	principal component analysis
RELICA	reliable independent component analysis



Stroop in motion: Neurodynamic modulation underlying interference control while sitting, standing, and walking

Manca Peskar^{a,b,*}, Nina Omejc^{a,c,d}, Maja Maša Šömen^{a,e}, Aleksandar Miladinović^f, Klaus Gramann^b, Uros Marusic^{a,g}



Current – Neuromuscular assessment in PD



Research and Innovation

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STUDY PROTOCOL

Neuromuscular assessment of force development, postural, and gait performance under cognitive-motor dual-tasking in healthy older adults and early Parkinson's disease patients: Study protocol for a cross-sectional Mobile Brain/Body Imaging (MoBI) study [version 1; peer review: awaiting peer review]

Uros Marusic, Manca Peskar, Maja Maša Šomen, Miloš Kalc, Ales Holobar, Klaus Gramann, Bettina Wollesen, Anna Wunderlich, Christoph Michel, Aleksandar Miladinović, Mauro Catalan, Alex Buotte Stella, Milos Ajcevic, Paolo Manganotti

Methods:

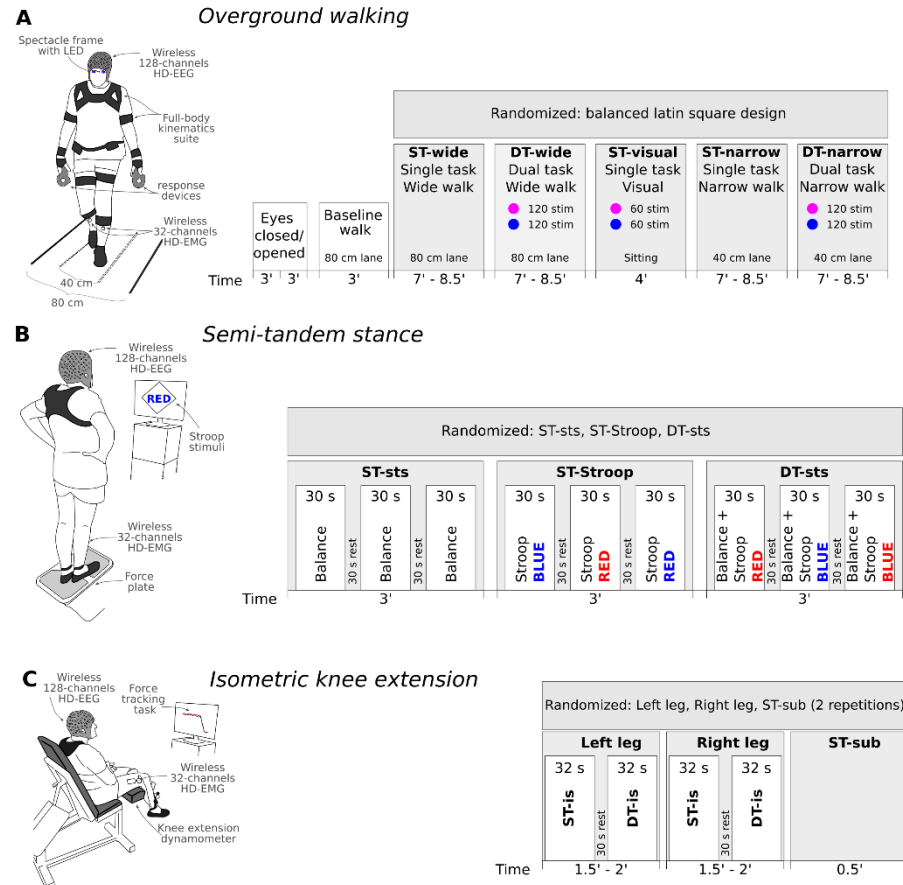
128-channel Mobile EEG

2x 32-channel wireless hdEMG

Whole-body kinematics

VivePro controllers

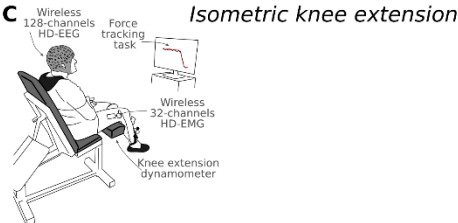
LSL



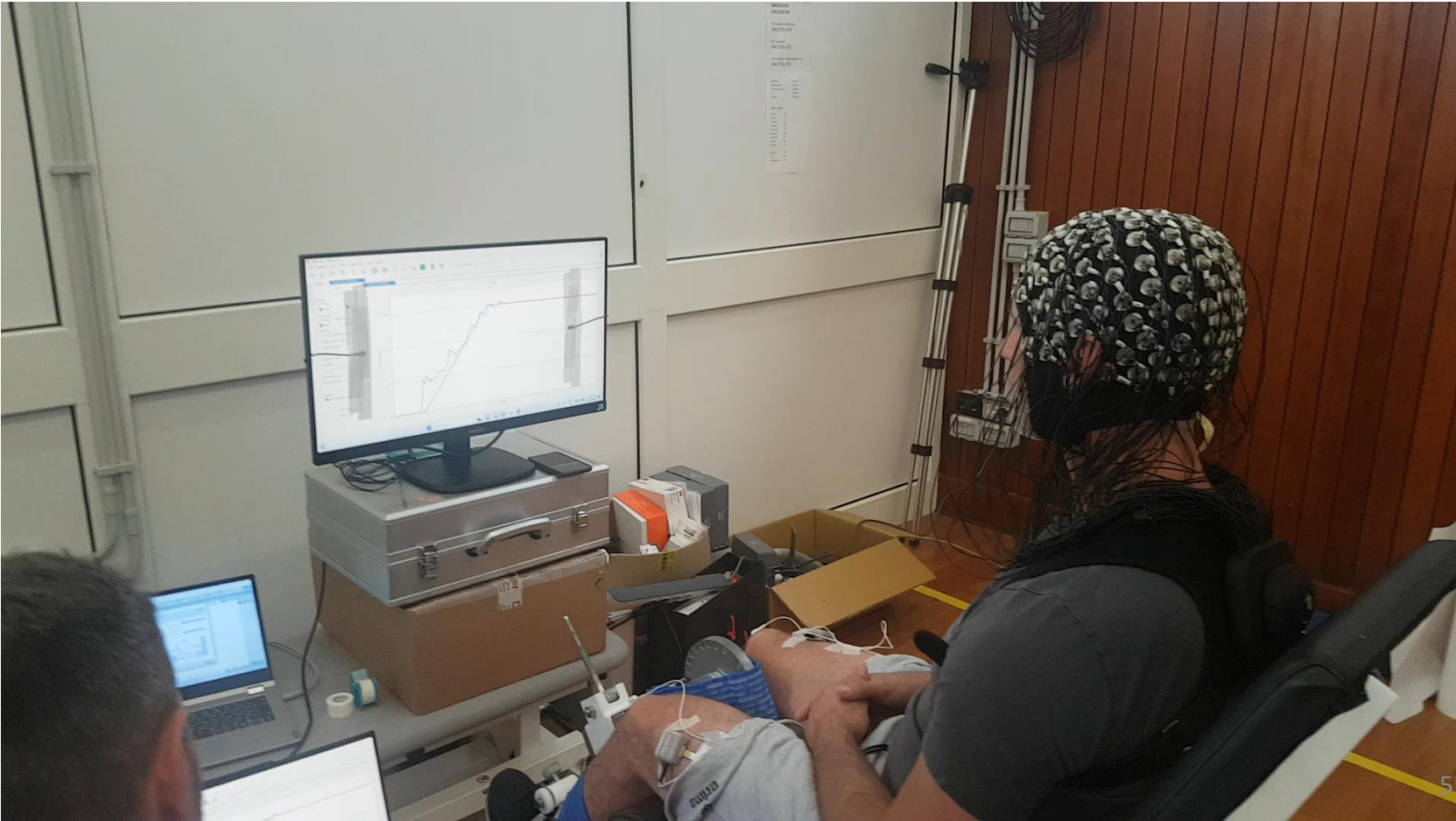
STUDY PROTOCOL

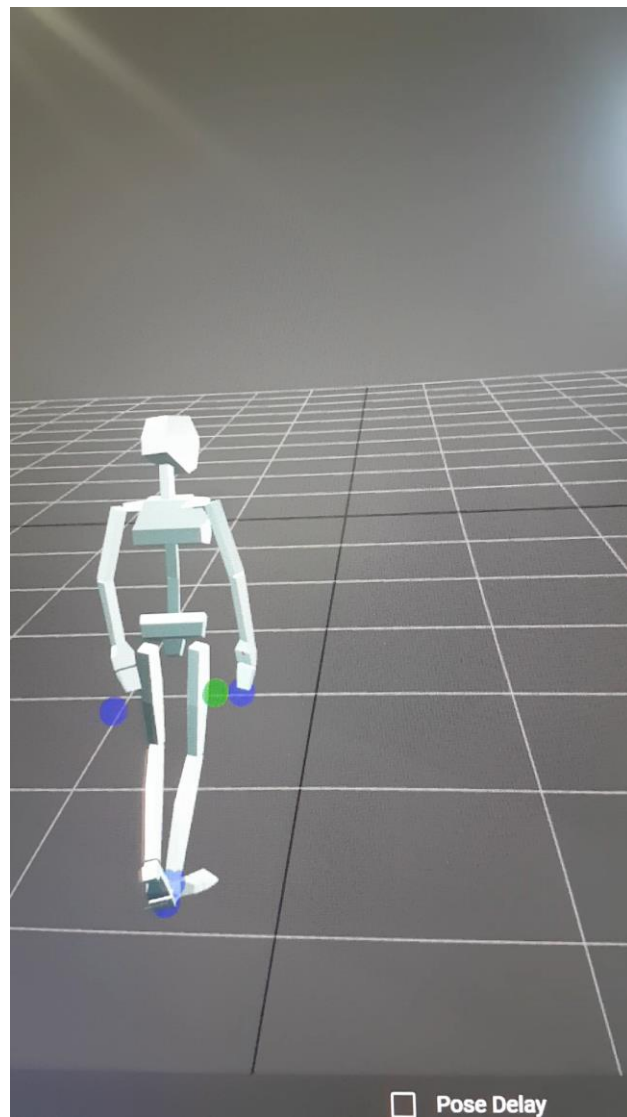
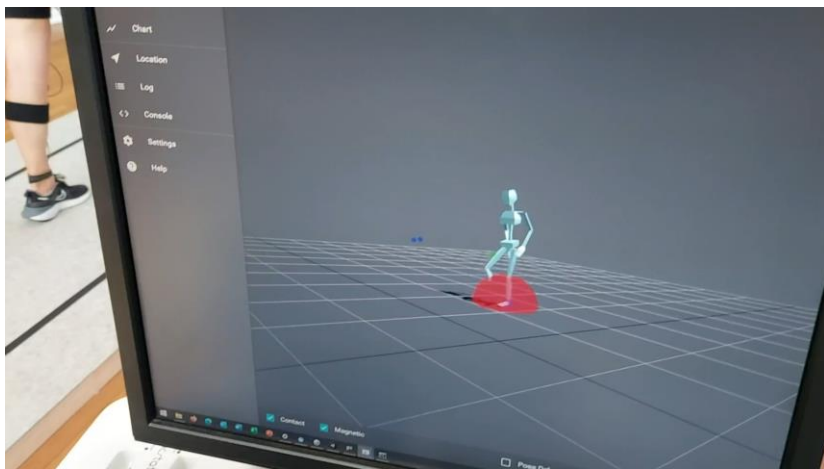
Neuromuscular assessment of force development, postural, and gait performance under cognitive-motor dual-tasking in healthy older adults and early Parkinson's disease patients: Study protocol for a cross-sectional Mobile Brain/Body Imaging (MoBI) study [version 1; peer review: awaiting peer review]

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Randomized: Left leg, Right leg, ST-sub (2 repetitions)				
Left leg		Right leg		ST-sub
32 s	32 s	32 s	32 s	
ST-is	DT-is	ST-is	DT-is	
30 s rest		30 s rest		
1.5' - 2'		1.5' - 2'		0.5'
Time				



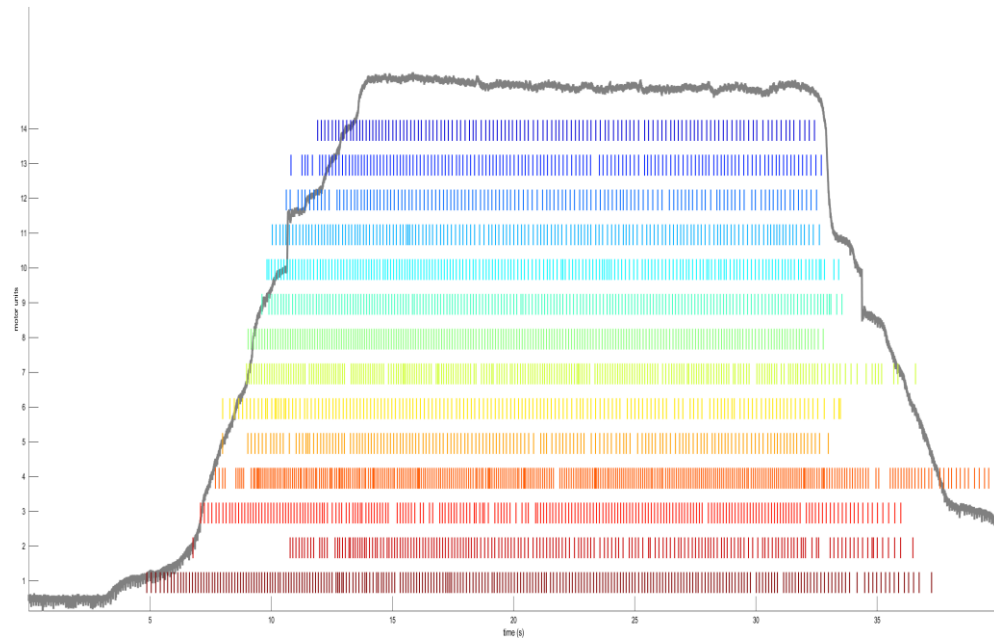
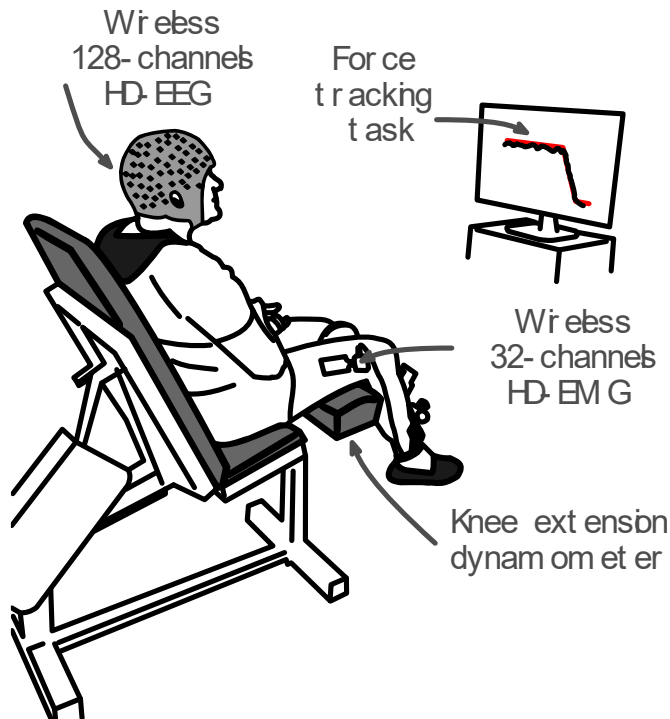


Force tracking task (hdEMG)

- 30% MVC ramp

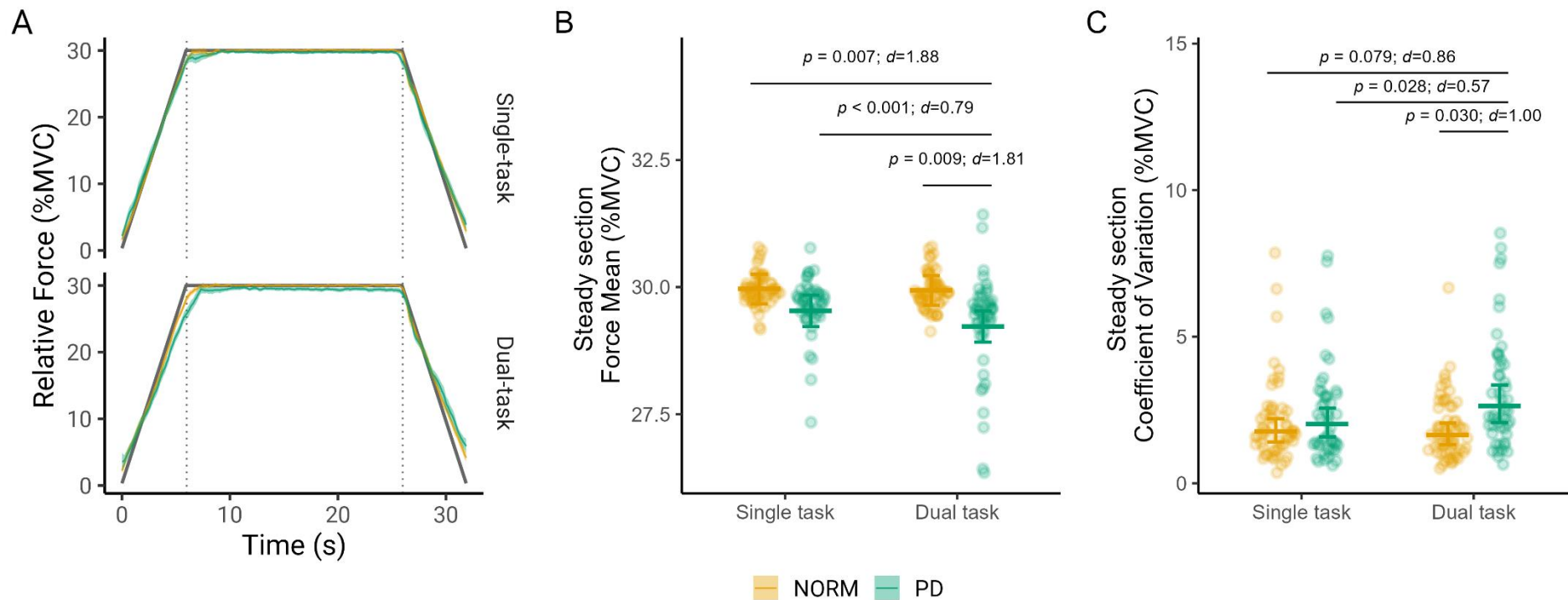


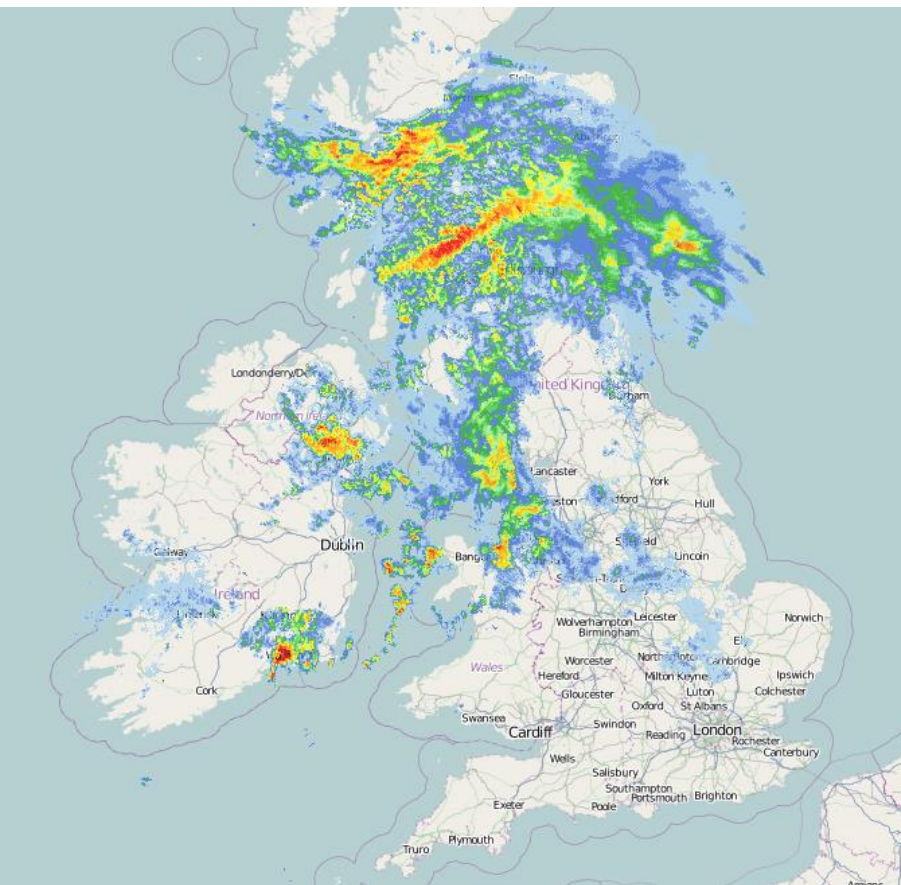
Kalc et al., in preparation



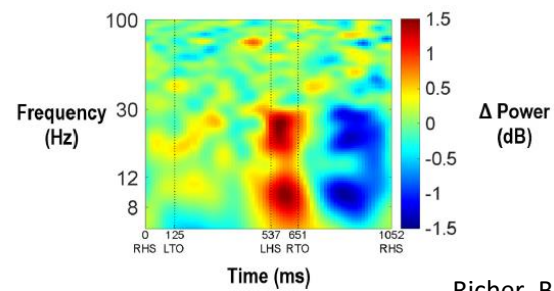
Mean and Coefficient of Variation of the Relative Force (%MVC)

Comparison between **NORM** and **PD** patients in a Single- or Dual-task



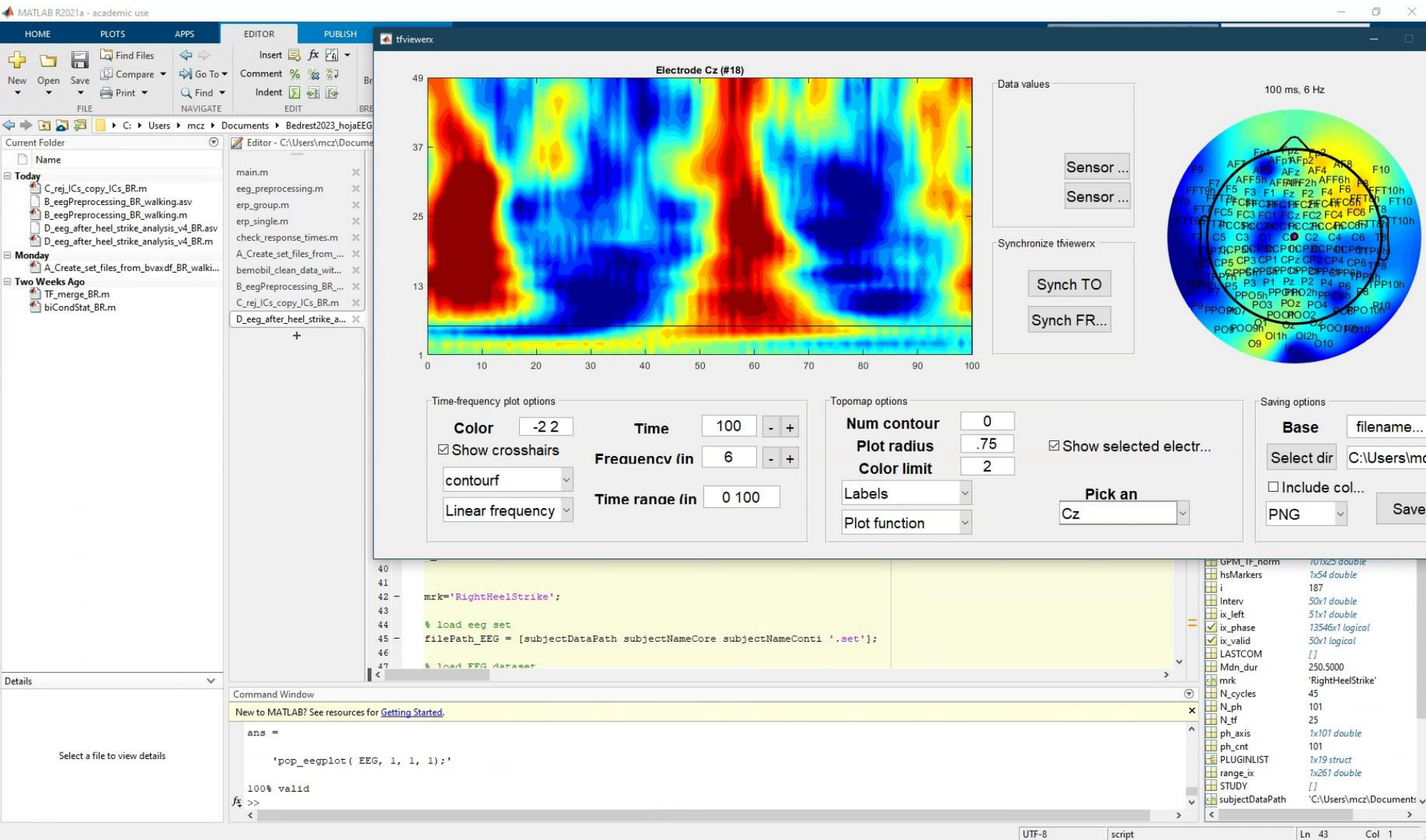


Gait-phase spectral modulation:



Richer, Bradford & Ferris (2024)

Individual responses

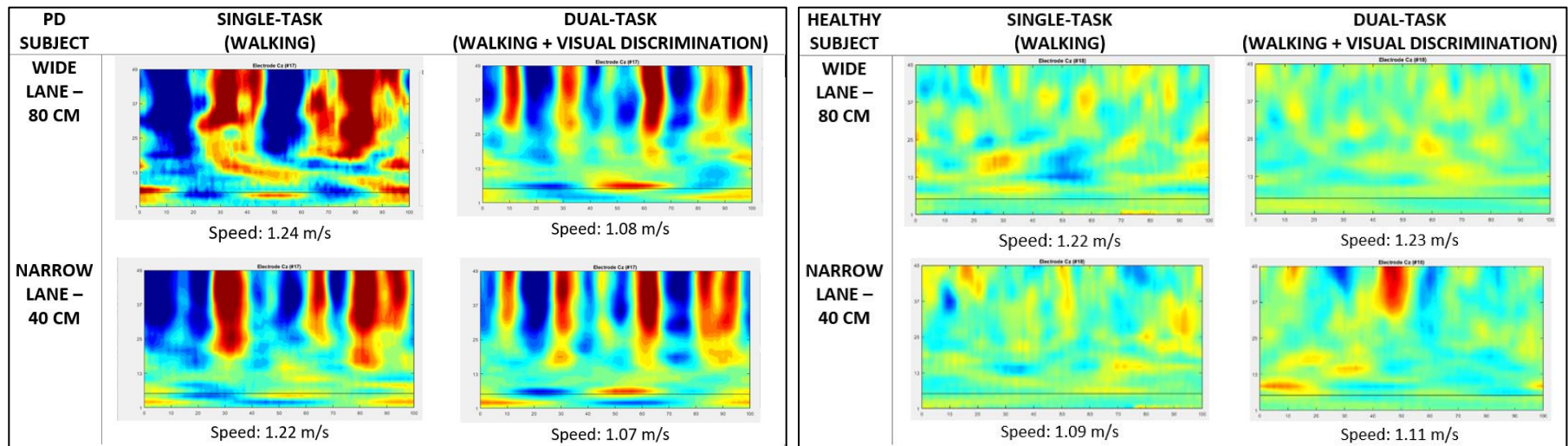




Peskar et al., in preparation

TwinBrain Clinical Trial:

Analyses approaches: time-freq. gait-phase modulation



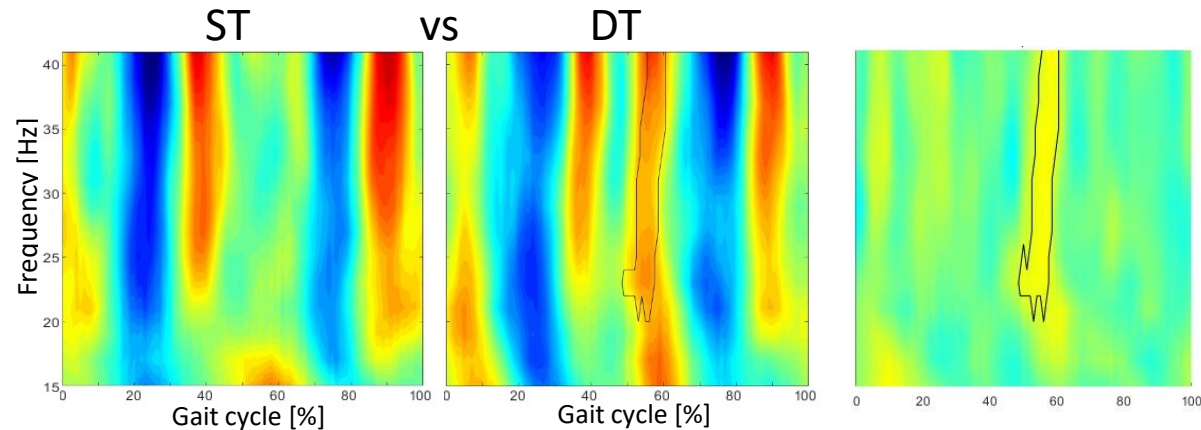
Decoding cortical biomarkers in Parkinson's Disease during overground walking



Gait-phase spectral modulation:

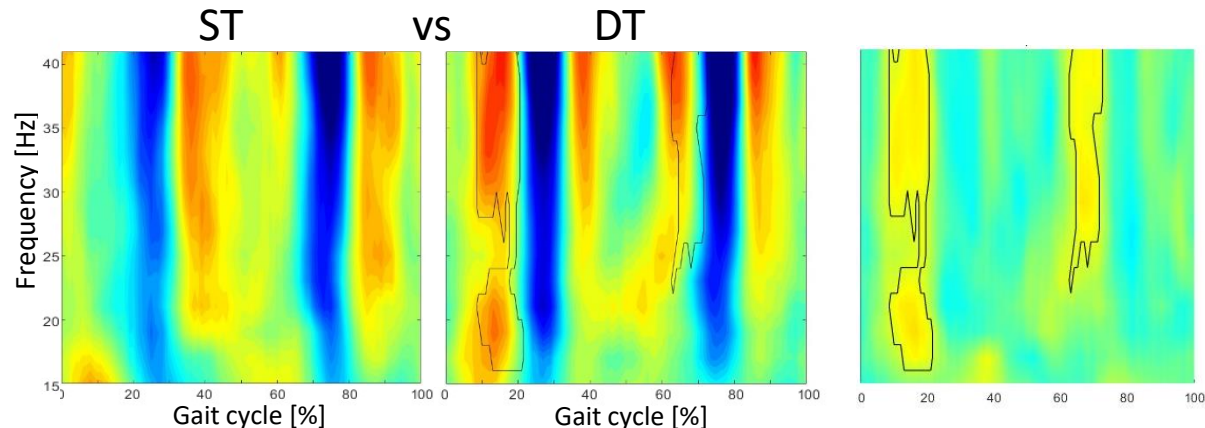
Peskar et al., in preparation

PD wide Lane:



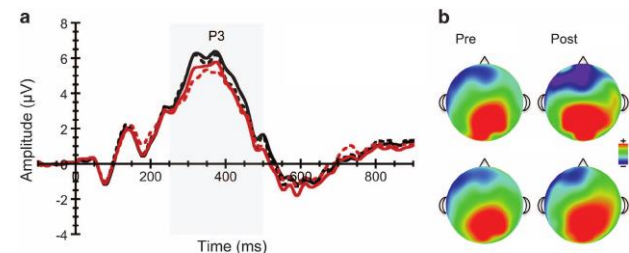
- PD patients show similar cortical activity to HC during walking but exhibit signs of movement inefficiency when dual-tasking.
- In PD patients, dual-tasking triggers high-frequency synchronization during specific gait phases, suggesting increased cognitive load.
- These findings highlight that cognitive demands can hinder movement in PD, offering insights for interventions and fall prevention strategies.

PD narrow Lane:



Biomarkers of movement efficiency?

- Biomechanical parameters
- Beta suppression
- c-c, c-m coherence
- attentional reserve can be assessed by ERP
 - ↓ P3 amplitudes for the most challenging condition



Gait research in PD

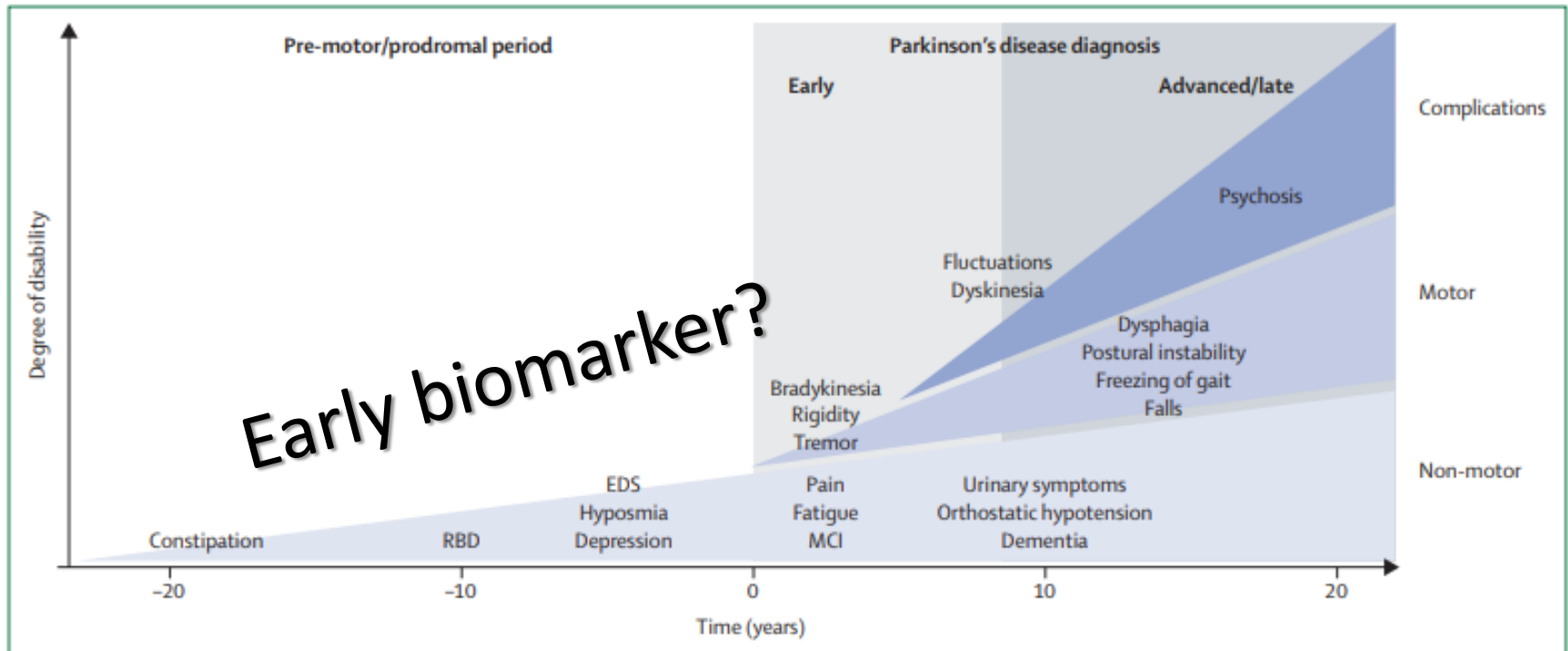


Figure 1: Clinical symptoms and time course of Parkinson's disease progression

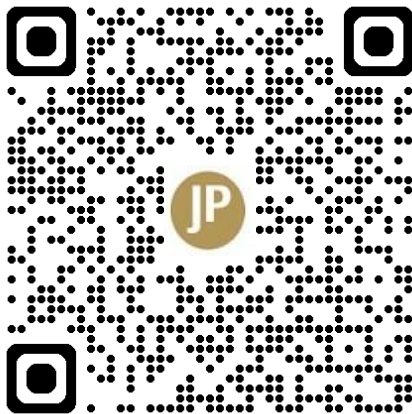
Diagnosis of Parkinson's disease occurs with the onset of motor symptoms (time 0 years) but can be preceded by a premotor or prodromal phase of 20 years or more. This prodromal phase is characterised by specific non-motor symptoms. Additional non-motor features develop following diagnosis and with disease progression, causing clinically significant disability. Axial motor symptoms, such as postural instability with frequent falls and freezing of gait, tend to occur in advanced disease. Long-term complications of dopaminergic therapy, including fluctuations, dyskinesia, and psychosis, also contribute to disability. EDS=excessive daytime sleepiness. MCI=mild cognitive impairment. RBD=REM sleep behaviour disorder.

Special Issue

Neuromuscular mechanisms associated with deconditioning in ageing and pathological conditions

Topics include

- Neuromuscular function
- Neural mechanisms of ageing
- Neuromuscular impairment
- Neural mechanics
- Neurophysiology
- Neural degeneration



Submission deadline:
Sunday, 1 September 2024



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Questions?



**Funded by
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This project has received funding from the European Union's Horizon Europe Research and Innovation Programme under grant agreement no. 101079392 and from the UK Research and Innovation (UKRI) government's Horizon Europe funding guarantee scheme under grant agreement no. 10052152.